INDEX On Page 62

20 YEARS

TOOLS FOR WELLNESS®

Live Smarter®

Advanced Solutions for Healthy Living

Q-Link Strengthens Your Resilience and Resistance to Stress and Protects Against Cell Phone, Computer and Other EMF

#99851

Feeling drained, weak, irritable, distracted, stressed, anxious? You may be suffering from electro-magnetic frequencies, the invisible and undetectable pollution that is getting more and more attention from the medical community. The Q-Link is the only jewelry that uses Sympathetic Resonance Technology (SRT-3) and reinforces a person's innate energy fields to make the body immune to the dangers of EMF. Q-Link users report having clearer thinking, increased awareness, calmness, better sleep, enhanced mental focus, stamina, vitality and more. It also strengthens immunity to cell phone, computer and other electromagnetic fields.

Sleek and fashionable design featuring a beveled-edge 1½" triangle with two distinct sides, each making an individual statement. Can be worn by men and women. Wear it just like pendant jewelry; inside or outside your clothing. 35" cord.

"The Q-Link technology has been scientifically demonstrated to enhance the body's ability to protect itself from harmful environmental radiation. By reducing the noise in any energy field, this technology strengthens and purifies the body's own energies" Ken Wilber, author of 17 books on consciousness and integral theory and practice.

The Sympathetic Resonance Tech-nology works like a tuning fork to help rebalance the body's biofield so that man-made sources of electromagnetic radiation do not interfere with the optimal functioning of the body.

#45020

#43122	Q-Link Titanium	Black cord	$239.95
#45020	Polished Sterling Silver	Sterling silver chain	$349.95
#45024	Brushed Sterling Silver	Sterling silver chain	$349.95
#43114	Black Acrylic	Black cord	$99.00
#42742	White Acrylic	Black cord	$99.00
#99851	14K Gold	Black cord	
	Gold casing with polished finish. 1" diameter.		$999.95
#43123	14K Brushed Gold	Black cord	$999.95

How Does Q-Link Work?

The Q-Link pendant is comprised of three primary components: a resonating cell, tuning board and an amplifying coil. The resonating cell functions as a multi-frequency crystalline oscillator. The tuning board protects the integrity of the cell, helping it to function at its optimal harmonic frequency range. The amplifying coil strengthens and increases the amplitude of resonant body frequencies. In simpler terms, the Q-Link functions like a highly sophisticated series of tuning forks, sympathetically resonating to strengthen and stabilize the human biofield and its complicated electrochemical processes.

Summary

- Constantly recharges your biofield when you wear it
- Supports optimal health, wellness and peak performance in everyday activities as well as sports
- Converts and conducts subtle energy into a more coherent energy state conducive to the healthy energy states of the user.

Beautiful Bracelets With The Same Technology

They work like a tuning fork, resonating with, and strengthening the life-enhancing information already present within the human biofield. They use no external power source. Users report a clearer thought process, increased awareness, calmness, better sleep, higher endurance levels, a reduced feeling of stress, and a more centered emotional well-being.

Over the years since this technology was introduced, professional athletes have been among the strongest advocates as they saw a powerful connection between the mind and body. Test have shown a strong connection between wearing these bracelets (or pendants) and a reduction of stress caused by EMF pollution. This is particularly useful in low grade EMF emanating from cell phones, computers, hair dryers and other appliances.

The technology will help your overall well-being.

Be aware that effects vary from person to person. Some people report immediate results, while others have noticed effects over a 30 day period.

- **Protects against EMF radiation**
- **Enhances mental clarity and awareness**
- **Balances emotions**
- **Deepens restful sleep**
- **Improves athletic performance**

ADDITIONAL SIZES ARE AVAILABLE ON OUR WEBSITE

Two Tone Shuzi Cuff EMF Bracelet
#19431 Men Medium $149.95
#18771 Women Small $149.95

Titanium Q-Link Bracelet
#16884 Unisex Medium $199.95
#16885 Unisex Large $199.95

Titanium Black Q-Link Bracelet
#16881 Unisex Medium $199.95
#16882 Unisex Large $199.95

Stainless Steel Q-Link Bracelet
#71330 Women Medium $129.95
#71321 Men Medium $129.95

more online MORE PRODUCTS MORE SPECIALS MORE INFORMATION www.ToolsForWellness.com

Get all these benefits from a beautifully styled watch. Embedded in each watch is a unique electronic chip that emits the Schumann Frequency (the predominant frequency found in nature). Based on the work of Nikola Tesla, and named after him… these watches re-introduce nature's healing frequency to your body. As a result of wearing these TESLAR watches, reports show an 80% increase in brainwave strength and a 76% increase in the body's immune response; athletes report a 20% increase in circulation, leading to improved performance. Other watch wearers experience less stress, relief from the aches and pains of arthritis, less headaches, reduced symptoms associated with depression and hyperactivity. This technology is an active, not passive, approach to EMF protection… because the chip oscillates at the Schumann frequency.

Lowered Anxiety • Heightened Immune Response

TESLAR

Florentine

- Gold or silver stainless steel case
- 1⅜"
- Gold face model has brown leather band and Roman numerals
- White face model has brown leather band and standard numerals
- 1 TESLAR CHIP inside

#63576 Gold Face with Gold Case $169.95
#83134 White Face with Silver Case $169.95

Pacific

- Gold stainless steel case
- Men's: 1¼" x 1" gold face
- Women's: 1" x ¾" gold face
- Black "alligator look" leather band
- 1 TESLAR CHIP inside

#99887 Men's $159.95
#99888 Women's $159.95

Standard batteries need replacing every 18-24 months. Batteries are readily available at your local jeweler.

Florentine

- Gold case with white or gold face
- Black leather band
- 1⅜"
- 1 TESLAR CHIP inside

#83190 Gold Face with Gold Case $169.95
#83191 White Face with Gold Case $169.95

Wall Street

- Stainless steel case
- 1¼" diameter
- Raised index dial
- Date display
- Genuine leather band
- 1 TESLAR CHIP inside
- Gold face

#83060 $199.95

Atlantic

- Gold stainless steel case
- Men's: 1¼" x 1" white face
- Women's: 1" x ¾" white face
- Black "alligator look" leather band
- 1 TESLAR CHIP inside

#99885 Men's $159.95
#99886 Women's $159.95

Deep Blue

- Stainless steel case
- 1½" diameter
- Screw down crown
- Solid stainless steel bracelet
- Day/Date display
- Dark blue rotating bezel
- 1 TESLAR CHIP inside

#83058 $299.95

Roman

- Gold stainless steel case
- Black "alligator-style" band
- 1⅛" wide
- 1 TESLAR CHIP inside

#51017 $189.95

BENEFITS

- Reduces the effects of stress, fatigue and jet lag
- Decreases hyperactivity, anxiety, migraines, and depression
- The TESLAR chip uses subtle energy technology to screen the body from electronic pollution, allowing the body to operate more harmoniously within the earth's natural resonance field

SHUZI products incorporate Nano Vibrational Technology, supplying health benefits such as greater energy, enhanced strength and balance, along with improved mental clarity. Shuzi uses subtle vibration programmed at the nano-level to create a stronger frequency for your biofield enabling your body to more capably resist the effects of any stress it is subjected to. Cells communicate with each other by known methods of chemical reactions and through the biofield. They have a resonating frequency at which they operate in order to stay healthy, but these cells are affected by outside electric and magnetic environmental conditions.

The Shuzi watch incorporates the same Nano Vibrational Technology as the bracelets.

- The watch casing is machined from titanium metal and polished to a high luster
- Swiss movement
- Quartz mineral crystal face
- 1⅛"
- Water resistant
- Black leather band

#83183 Shuzi Watch $299.95

This lightweight bracelet is an understated way to wear Nano Vibrational Technology. 7½" long x ⅛" wide

#83164 Stainless Steel $139.95
#83163 Gold Plated $139.95
#83165 Two-tone $139.95

The square edges and sleek finish of this style make quite a fashion statement. 8" long x ¼" wide

#83166 Gold plated $139.95
#83167 Two-tone $139.95

This bracelet duplicates the elegance of a fine watch and gives the appearance of fine jewelry. 8" long x ¼" wide

#83162 Stainless Steel $129.95

New age style is evident with this titanium inter-link bracelet. 8¼" long x ¼" wide

#83168 Titanium $119.95

Exact size of bracelets can be adjusted by your jeweler.

The back of Shuzi jewelry shows the embedded chip programmed with Nano Vibrational Technology, designed to emit healthy subtle vibration energy.

EMF IS ALL AROUND YOU

Power lines, microwave transmission towers, satellite TV signals and in your home: kitchen ranges, microwaves, electric blankets, hair dryers, fluorescent bulbs, televisions, appliances and power tools.

High Quality EMF Measurement

The TriField Meter is the only meter that combines measurement capability of electric, magnetic, radio, and microwave frequencies. The electrical setting is used to see if appliances are well grounded. Some older appliances may not be. Even water pipes can carry an electrical charge.

The magnetic setting is used around electronic equipment to measure how far the field extends. This setting is also used to check high tension wires and fuse boxes. You can set up a safer office, home, and sleeping environment with this knowledge.

The microwave setting is used to check cell phones, wireless phones, remote controls, and microwave ovens, and radio towers.

This is the most accurate, least expensive device we have found and it is so simple to use. Just turn the dial to one of the three settings, and walk around your home or office. 2–3 milligauss is the limit proposed by many health and engineering professionals. A red band on the meter shows you when this limit is reached. Includes 1-year limited warranty, 9v battery, and instructions. Calibrated to U.S. current.

#46003 TriField Meter $159.95

Ultra-Sensitive Radio/Microwave Meter

Unlike other low-cost field strength meters, this meter's frequency response does not depend on the characteristics of an external antenna... the internal detection system yields a flat response over a wide range of frequencies. With sensitivity down to 1 nanowatt per 2 sq.cm., it can measure power density from a typical cell phone tower up to 10 miles away. It is also sensitive to all but the highest frequency radar, too. With this meter, you no longer have to wonder how much radio/microwave energy you're being exposed to. Instructions include how to estimate average frequency and how to determine the direction of the source of the waves. Advanced digital display. Uses 9-volt battery.

#41056 RF Field Strength Meter $324.95

Find Out Exactly What is Emitting Radio or Microwaves

After selecting the sensitivity you want, a clear, loud beep indicates radio waves stronger than the level you selected. If you move closer to the source, the beep becomes more frequent, and will ultimately become a solid tone if you mover closer still. This pocket-size (and accurate) device will fill you in on a lot of things you would have never guessed (like strong radio waves on some wall outlets but not others in the same building). It's also great for determining if a nearby cell phone is not only invading "your space", but harming it as well. With the different sensitivity settings, it can be used for cell towers, microwave ovens, fluorescent lights, video monitors, cordless phones and more. Comes with a lithium battery (3–6 year life), pocket clip, and one year warranty.

#99848 MicroAlert 2 $89.95

The MicroAlert 2 measures general sensitivity and alerts you to dangers, even from hidden sources.

EMF Home And Office Protection Kit

This assortment of products offers protection from the many forms of chaotic information assaulting our bodies every day. They are most effective when used together to establish a peaceful, stress-free environment. Each product addresses the issue in very specific ways to clear and protect one from detrimental electromagnetic fields, earth radiations, as well as other harmful energies.

Here's what is included:

- Safe Space I (see description for product #46005). Clears 1000 ft. radius in all directions.
- Energy Strip (see description for product #83214) for clearing water and electrical lines, fuse boxes
- Georesonators to heal toxic earth energy on outside property. When planted at the edges of a house, a healing life supportive energy field is carried through the soil and the atmosphere. Pack of 4
- Safe Space II clears laptops, vehicle interiors, and small areas. Clears 9 ft. radius in all directions.
- Cell Phone Diode (see description for product #62520

#83213 EMF Home And Office Protection Kit $284.95

ALMOST EVERY DAY EMF IS IN THE HEADLINES. HERE'S AN ALL-IN-ONE SOLUTION!

EMF Energy Strip

This 4" x 1" tape repolarizes the subtle energy matrix in electricity and water to a coherent, life-enhancing state. Use it on a water source line and put another one on your fuse box. By clearing these two critical sources, you will help to restore equanimity and balance to you and others.

#83214 EMF Energy Strip $49.95

Buy 2 and SAVE! $46.95 each

New High Powered Digital Diode For Blackberry Users And Other Appliances

We have been offering a cell phone diode for several years and it is used by thousands of satisfied customers. We are pleased to present a new diode for high energy applications. It is designed to neutralize the harmful EMF radiation emitted by:

- Blackberry and other sophisticated hand-held devices
- Television receivers
- Computers: laptop and desktop
- Microwave ovens
- Large electrical appliances
- Fluorescent lights
- X-Ray machines

This highly concentrated diode formula offers a broader range of protection in the higher frequencies which are present in today's modern digital equipment. It is contained on the back of a 1" diode circle that has an adhesive back for easy positioning.

#83196 High Powered Digital Diode $34.95

Buy 2 and SAVE! Only $32.95 each

Protection for Wireless Headsets

This concentrated ¼" adhesive disk is attached to even the smallest Bluetooth or wireless headset. Wireless listening devices magnify and compress their EMF radiation, so this diode's formula has been magnified to neutralize the harmful EMFs.

#62217 Wireless Headset Diode $69.95

more online MORE PRODUCTS MORE SPECIALS MORE INFORMATION www.ToolsForWellness.com

Beautiful Pendants for EMF Protection and Emotional Healing

Phyllis Light Ph.D.

Phyllis Light developed this breakthrough technology after 30 years of research and development. Dr. Light has been trained to detect and repair subtle kinds of damage to a person's energy field which cause physical and ultimately mental and emotional distress. Written testimonials from satisfied users can be found on our website.

The powerful Rejuvenizer pendant is designed to protect your body and energy field from the negative effects of EMF pollution and emotional distress. The Rejuvenizer has specific programs stored within the structure of the dichroic fused glass that performs particular protective and healing functions.

- Removes negative charges stored in the body from years of exposure to EMF signals
- Strengthens energy fields
- Helps normalize the body from the effects of environmental toxicity Specially encoded by Dr. Phyllis Light. Benefits are cumulative over time.

Individually handcrafted; no two are alike. Comes with a black satin cord, suede carrying pouch, and instructional CD. 1" long x ¾" wide.

Purple Majesty

Golden Sunrise

Caribbean Seas

Tropical Isle

Rainbow Nights

Cobalt Magic

Celestial Sky

Opalescent

Red Passion

New Color

Midnight Blue

Shimmering Mint

Rose 'n Lilac Mist

#99934 Caribbean Seas: Sparkly pastel rainbow colors on aqua blue background $159.95

#71074 Celestial Sky: Periwinkle, aqua and pink $159.95

#41061 Purple Majesty: Purple with hint of emerald $159.95

#99933 Cobalt Magic: Deep cobalt blue and purple with specks of pink $159.95

#41062 Golden Sunrise: Blue, green, gold and hint of pink $159.95

#99844 Midnight Blue: Deep cobalt blue, purple and black $159.95

#48334 Rainbow Nights: Like Tropical Isle, but with pinks and purples $159.95

#71077 Opalescent: Silver, white, aqua $159.95

#99932 Rose 'n Lilac Mist: Pastel pink and purple on a transparent base. Colors are subtle $159.95

#99931 Shimmering Mint: Pastel rainbow colors on mint green background $159.95

#48335 Tropical Isle: Green, gold and copper $159.95

#83195 Red Passion: Deep ruby reds with a splash of orange, yellow and fuscia $159.95

The REJUVENIZER can help you overcome the fatigue and exhaustion that often results from exposure to EMF. Clears old negative charges that have accumulated in your body over the years. Strengthens body's immune system and allows you to have more energy. Many users report a decreased frequency of illness.

Are Cell Phones Harmful?

While it is still too early to determine long term adverse effects of using cell phones… some recent findings indicate the following about cell phones:

- During usage, heart rate and hormone secretion is accelerated
- Usage should not be for prolonged periods
- Use by children should be severely restricted or eliminated

Attaches to phone with self adhesive backing

½" Diameter

Tests show the Cell Phone Diode reduced EMF radiation by over 90%, causing a decrease in the biological stress caused by cell phone EMF radiation. The Cell Phone Diode is also effective with:

- Cell phones, cordless phones and charging stations.
- Beepers, pagers, and hand-held electronic games.
- Blow dryers and electric shavers.
- Watches and digital alarm clocks.
- Other small electrical appliances.

#62520 Digital Cell Phone Diode $29.95

Buy 2 and SAVE! $27.95 each

Actual color of Diode may vary slightly

Shields You from the Effects of EMF

This is a true CLEARING DEVICE that protects a 1000' radius. The Safe Space Device is designed to clear your space giving protection from detrimental EMFs, toxic earth radiations, and other harmful energies. This self-powered unit contains a holographic grid that holds and conducts a wide range of permanently imprinted vibrational frequencies… producing a purifying effect that causes a tangible change in the atmosphere. Under normal conditions, one unit can clear an entire house. Users often report a tangible change in the atmosphere and air quality, creating a bio-friendly environment. As a result of a harmonious flow of positive energies, most people say they feel calmer, relax easier, become more creative and sleep better. 2½" x 4" x ¾".

#46005 Safe Space $109.95

Shields The Body Against Low Level Radiation

Calms jagged nerves from problems caused by exposure to microwaves, power lines, televisions, computers, hybrid cars, office equipment, fluorescent lights and jet lag. Holds the body's energies in balance, aids in relaxing the body from tired muscles when placed under head, body, legs, arms, or neck. Use in automobiles and airplanes, too. 20" x 14" x 1".

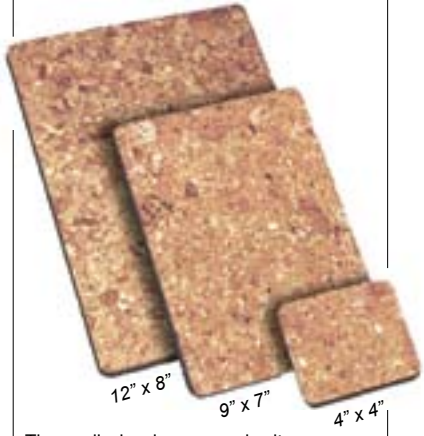
#83154 Dio-Pad Royal Blue $89.95

EMF Protection In The Car

Plugs in to your cigarette lighter. Typically, cars create 30–40 milligauss field, far above what is accepted as safe. Guards against EMF radiation generated by the rapid firing of spark plugs and absorbed by the car's metal parts.

#46004 Car Polarizer $51.95

Transmutation Plaque Set



These diode plaques make it convenient to transmute items that you suspect have negative energy. The solid state plaques eliminate the harmful effects of these negative energies permanently by changing oscillating or negative energy patterns to positive or bipolar energy. They have a cork finish with the Diode formula on the back. Good for: food and beverages, tobacco products, vitamins and medications, cosmetics, jewelry, belts, shoes, etc. Set of 3 different size plaques.

#83159 Transmutation Plaque Set $89.95

Deep Tissue Penetrating Massage

Infra means very low frequency; tonic means vitalizing. Infratonic Therapy uses specific, randomly generated bands of infrasound (below 30 Hz) waves to penetrate superficial and deep layers of the body. When our cells are traumatized, they send out signals of discomfort and aggravation, which lead to pain, swelling, and energy depletion. Infratonic Therapy works by interrupting trauma at the cellular level, using the same frequencies that the body itself uses for intercommunication. Thousands of users world wide attest to its ability to accelerate sub cellular vitality, reduce stress and worry… important keys to accelerated recovery.

There are three patented vitalizing settings:

- FULL: Most effective for accelerated recovery
- SLEEP: excludes signals that create alertness
- PAIN: Excludes signals that accelerate sub-cellular activity, which could aggravate inflamed areas

Doctors, chiropractors, acupuncturists, and veterinarians are among the many users. Just as Qigong masters are able to focus chi, or life energy, into patient's bodies and stimulate relaxation and energy, the unique "chaos" circuit delivers low frequency (2–25 Hz) sound waves directly to the area you want.

#46088 Infratonic 8000 $895.00
#75382 Position Arm (For hands-free use) $84.95

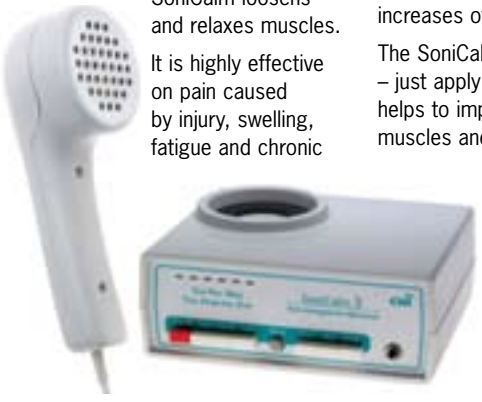
What's the Difference Between Infratonic and SoniCalm?

Infratonic 8000 is used for accelerated recovery. Very effective where there are broken bones and tissue that are slow to heal. Excellent for the complete approach to the mind-body healing process. The SoniCalm 3 is **targeted specifically for the relief of pain**, particularly where nothing else has worked before, such as chronic pain.

Relieve Chronic Pain With Innovative Sound Wave Therapy

The gentle, penetrating action of the SoniCalm loosens and relaxes muscles.

It is highly effective on pain caused by injury, swelling, fatigue and chronic conditions. Unlike other treatments, which become less effective as the body gets used to them, the effectiveness achieved here actually increases over time.



The SoniCalm is simple to use – just apply it to where it hurts. It helps to improve circulation, relax muscles and relieve pinched nerves. This doesn't act like an ordinary massager. SoniCalm produces rapid-fire sound waves that dissolve cellular trauma, helping to stop excess inflammation and promotes pain relief more quickly.

You must understand that the principal underlying cause of pain is inflammation. When our body's cells become traumatized by injury, surgery, chemical attack, or even strong emotions, they go into shock, or cellular trauma.

The SoniCalm's deep penetrating sound waves strike at the very cause of pain and stiffness. The patented systems produce millions of wavelets, which penetrate deep into the body's cellular tissues, breaking up the abnormal behavior to relieve pain, relax muscles, reduce inflammation, reduce edema, and accelerate healing. The deep penetrating waves will work through blankets, clothing and even plaster casts.

One customer commented: "I'm in my 70s. I found it very easy to use. Almost immediately, I knew that I finally found the right thing for my arthritis, muscle pain, stiffness, and poor blood circulation in my feet … it was unlike anything that I have tried before."

The unit has 3 levels of treatment intensity. It has a timer and an alarm, if needed. It is extremely well made; its construction, well thought-out design and satisfying results make this well worth its cost. 3 year warranty.

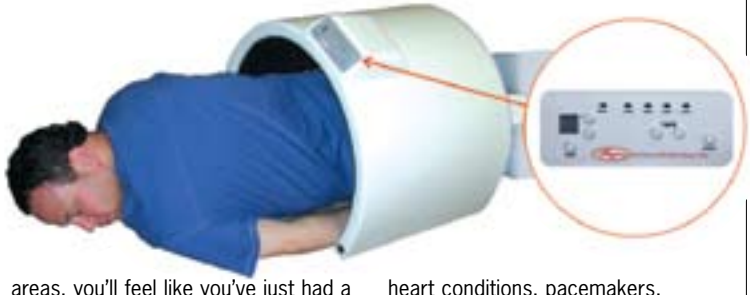
#46090 SoniCalm 3 $695.00

Full Body Far Infrared Dome

You'll feel an immediate sense of well-being and comfort, as our Far Infrared Dome emits over 91% of FIR energy that is crucial to the health and wellness of the body. The heat is from frictional vibration of molecular movement in the body.

You can direct treatment to localized areas of the body and the heat sauna is wonderful for slimming purposes by increasing metabolism. It's very easy to use and you don't have to undress. The half-dome construction allows you to use while lying down or sitting. This permits Far Infrared (FIR) to be directed to the back, abdomen, arms and legs. The Dome emits Far Infrared, which the user will feel as penetrating heat. The heat is caused by the frictional vibration of molecules in the body.

The digital key pad allows the user to select temperature and treatment time. Most people use it lying down with the Dome placed over the area of the body where relief is desired. Others like sitting in a chair with the unit curved around the back. Undressing is not required. Besides getting relief to specific areas, you'll feel like you've just had a total body workout. When far infrared heat penetrates deep into the body, you will experience a refreshed mind, relaxed mood, reduction of aches and pains, improved metabolism, and systemic regularity leading to an overall feeling of wellness. Measures 26 x 20" with a 14" clearance. A "curtain" is furnished if you want to contain the heat within the Dome. Adjustable timer and temperature controls.



Not for use by people with illness, heart conditions, pacemakers, children, or women who are menstruating or who are pregnant.

The Dome is not to be considered a replacement for any regimen or treatment prescribed by a healthcare professional. No health claims are intended and statements made here have not been evaluated or approved by the U.S. Food & Drug Administration.

#42689 Far Infrared Dome $499.95
Add additional $30.00 shipping charge.
Continental U.S. shipments only.

more online MORE PRODUCTS MORE SPECIALS MORE INFORMATION www.ToolsForWellness.com

Improve Your Vision with Pinhole Glasses

If you suffer from eyestrain, blurry vision, nearsightedness, farsightedness, cataracts, astigmatism… pinhole glasses may be of benefit to you. They work by directing light rays onto the retina at the back of the eye and not through the use of an artificial lens. Includes: exercises to strengthen and retrain ocular muscles. They are not sunglasses or prescription glasses and do not treat medical conditions. One size fits all.

#62531

#99958

#99960

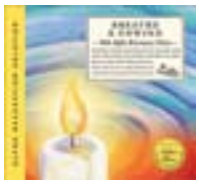
#99961

#46085

#46086

#62531	Tan Flex Frame	$39.99
#99958	Flex Charcoal Gray Frame	$39.99
#99960	Black Designer Frame	$35.99
#99961	Blue Frame	$31.95
#46085	Black Wraparound Frame	$37.99
#46086	Grey Wraparound Frame	$37.99
#62523	Bronze Frame	$31.95
#62532	Tortoise Shell Frame	$32.95

Breathe and Unwind with Alpha Brainwaves



A synergistic fusion of ethereal melodies and audio technology transports you to a place of inner peace and quiet joy. Ambient vocals, keyboards, percussion, cello, bass, and guitars are embedded with clinically proven Alpha relaxation audio processes developed by Dr. Jeffrey Thompson. CD

#62193 Breathe & Unwind $19.95

Oral Irrigator for Professional Results

The Hydro Floss has a controlled strength magnetic flux field… it treats the cause of gum disease by inhibiting the bacteria's ability to bond to the teeth. It significantly reduces deposits AT THE GUM LINE and SLIGHTLY BELOW THE GUM LINE. 3 speeds and 4 interchangeable tips.

#46002 Hydro Floss $129.95

Removes Plaque

- Literally ionizes teeth to repel the formation of plaque
- 6 month double blind study found reduction of plaque 48.6% and improved the health of gums by 51.8%

Produces cleaner, whiter teeth and fresher breath. Includes 5 brush heads and instructional video.

#62071 hyG Ionic Toothbrush $29.95

Buy 2 and SAVE! $27.95 each

Acupressure Foot Massager for Pain in Legs, Neck, Back and Feet

Massaging your feet stimulates all the nerve endings and pressure points in your feet, creating a soothing effect that actually relieves pain and discomfort in your extremities and throughout your body (all major organs and nerves end in the nerve endings underneath your feet). It improves your blood circulation and creates soothing relief. Used by athletes and massage professionals. Can be adjusted for length of treatment and intensity.

#62236 AcuPressure Foot Massager $129.95

Add additional $10 shipping charge.

Chinese Tonic Herbs

Anti-Stress Formula

Stay calm yet alert with Alphathean, a green tea shown to produce healthy alpha brainwaves. 60 capsules

#83055 Tao In A Bottle $29.95

Bring the Body into a State of Harmony with an Adaptogenic Formula

Helps the body to adapt to various stressful challenges posed by chemical agents, by promoting a cellular and systemic balance. 100 capsules.

#72099 Super Adaptogen $22.95

Open the Primal Energy Channels and Promote the Flow of Energy

This formula is extremely centering and has an astringent quality, preventing the leaking of Jing. 100 capsules

#72093 Microcosmic Orbit $20.95

Calms, Soothes and Uplifts the Spirit

This is a superb tonic for those suffering from anxiety, excessive worry, chronic fear and those who are experiencing physical or mental exhaustion. 100 capsules.

#41044 Pearl Shen $28.95

Strengthen Mental and Creative Power

This is based on an 1100 year formula used to build yang, especially those in good health who wish to increase their creative, athletic and sexual capacity. 100 capsules.

#72098 Supreme Creation $54.95

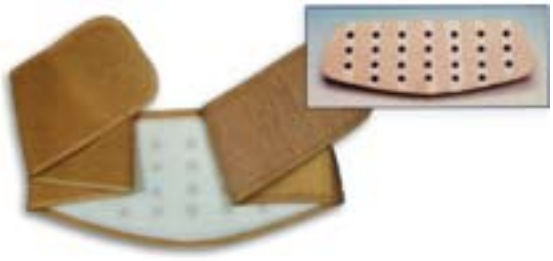
Radiant Health, Spiritual Peace and Longevity with Reishi Herbs

Promotes calmness, centeredness, balance, inner awareness and strength. Reishi is used to develop energy, improve digestion, improve sleep, reduce stress, and to aid in strengthening the immune system. Made from 100% Duanwood Reishi. 100 capsules.

#41038 Duanwood Reishi $36.95

Large Selection of Chinese Herbs Online

Magnetic Lower Back Belt



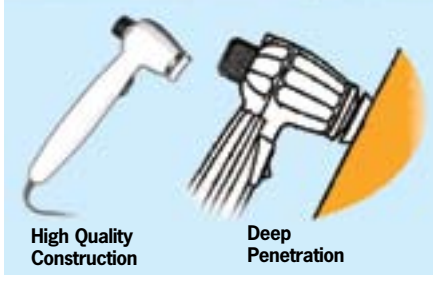
Support your entire lower back while experiencing a penetrating magnetic field. Most popular support belt with twenty-six 0.1" x 0.4" diameter, 1,000 gauss magnets. The 5.5" wide belt tapers to 4" on each end. Long life cotton pile inner lining provides firm support with stretch Velcro closure.

#48256	Medium, 33"	$39.95
#48257	Large, 37"	$39.95
#48258	X-Large, 45"	$39.95

Use Sound Waves to Heal Using Extra Deep and Penetrating Vibrational Transducer Frequencies

When sound waves are applied to the body, the cells and tissue absorb some of this energy, thus increasing circulation to enhance healing.

The Novasonic unit utilizes a sound transducer that vibrates at selected frequencies within the audible range (between 16–20,000 Hertz). Sound waves are transmitted to the treatment area through a specially designed "sound head", applied without pressure to the skin surface. The sound waves can penetrate up to 2¼" within the body, treating areas inaccessible to other techniques. Furthermore, the intensity of the waves and accompanying vibration can be adjusted easily.



The unit may look like an ultrasound unit, but Novasonic uses audible sounds, a different technology. This provides intensive stimulation of the natural functions of the cellular, circulatory and nervous systems.

Users report significant relief, particularly in the joints.

The Novasonic has two speeds (high and low), and an intensity control knob. There are two sound heads; flat for large areas, and round for points. Comes with carrying case.

#42500 Novasonic $199.95

Safe, Effective And Natural: Detox in 14 Days

The Total Body Cleanse consists of six formulas to systematically support and assist the body to cleanse the main channels of elimination: the lymphatic, the blood, the liver, the bowel and the urinary tract of unwanted waste, toxins and parasites. A comprehensive, effective and clinically tested body cleanse system to be taken over a 14 day period. These formulas used bioenergetic testing and were designed to attack the source, restore the immune system and promote general good health. Each of the six bottles contains 100 capsules.

#22149 14 Day Body Cleanse $69.95

Detox with Chelation

Chelation is the binding of a metal or mineral to another substance, which in turn enables those materials to be flushed out of the body. Employs the weak acid EDTA, and has long been the treatment of choice for removing lead and other heavy metals.

- Removes heavy metals and calcification
- Minimizes blood clots
- Thins the blood
- Helps with atherosclerosis

Each capsule contains: Garlic 400mg and EDTA 100mg.

#48386 EDTA 480 capsules $71.95

Personal Electronic Massagers

Soothes sore and aching muscles with low intensity electrical currents for pain relief. The same technique previously available only to doctors and hospitals can now be used in the privacy and comfort of your own home. Avoids the necessity for needles and expensive therapy sessions. The Massager sends small electrical impulses through the skin to reach the underlying peripheral nerves to reduce pain, alleviate muscle soreness and to improve circulation. Several treatment modes, timer and intensity controls.

#72071 Personal Electronic Massager $129.95
#42537 Extra Pack of 8 Pads $14.95

Advanced Magnetic Therapy

Uses pulsating electromagnetic fields that imitate the natural and ongoing frequencies of different organ systems in the body. Works to recharge cells to their correct level of function with very beneficial and often dramatic results. Improvement has been reported in conditions such as pain, asthma, arthritis, fatigue, osteoporosis, insomnia, migraines, circulation problems and high cholesterol.

Safe and easy to use, simply lie down on the QRS mattress for 8 minutes, twice a day. Many are in use worldwide in private homes, professional practices and hospitals.

- Stress relief and stress recovery
- Strengthened immune system
- Increased oxygen in the blood
- Strengthened respiratory system
- More dense bone structure

Features include:

- Three programs, each with intensity gradations
- Easy-to-read display for program, intensity and time indication
- Timer function: 1 to 60 minutes
- Memory function to repeat the last treatment
- Program up to 4 treatments
- Mat for full body treatment
- Customer support and a 2 year warranty

Please allow additional 10–14 days for order processing. Standard delivery only. This is a non-returnable product, and your credit card will be billed at the time your order is placed. Persons with medical conditions should consult a physician before using. Not to be used with: pacemakers, severe mycosis, pregnancy and epilepsy.

#62059 Quantron Resonance System $2,790.00

All-Natural Colloidal Silver

Uses only 99.99% pure Silver and nanopure water, with a unique electrosonic process, which yields true particles in the more desirable and stable 1-9 nanometer (.001–.009) range. May be taken orally or applied topically. 1 month supply.

#43121 Colloidal Silver Drops 4 oz. $24.95

Online Store OPEN 24/7

Magnetic Pulser for Lymphatic Stimulation

This is the best magnetic pulser we have ever seen under $1,000.

An excellent adjunct to the Silver Pulser. With a biological penetration of 9" it is primarily used on the lymph system as well as the deeper organs. Through the principle of induction, this magnetic field can create eddy-currents (tiny electrical micro-currents) in living organic material that contains electrolytes. Includes AC powered base unit, magnetic hand paddle, operating instructions and 2-year warranty.

This device is for experimental purposes only and is not meant to cure or treat medical conditions.

#73055 Magnetic Pulser $329.95

The Silver Pulser Makes 99% Pure Colloidal Silver

The Silver Pulser is an experimental non-invasive method called blood electrification, used by health researchers only. It is based on research and patents that shows that electrification of the blood neutralizes viruses, bacteria and fungi. Colloidal Silver has been used for over a century to ameliorate numerous health problems. The Silver Pulser makes colloidal silver at 3–5 parts per million in one hour per 8 oz. glass of distilled water. The ionic colloids range in size of .005 to .015 microns, the optimum size and concentration for most applications.

This device is for experimental purposes only and is not meant to cure or treat medical conditions. Includes: battery-operated base unit, 99.99% pure silver electrodes, copper plated stimulator probes and sleeves, straps, instructions, carrying case and a 3 year warranty.

#73054 Silver Pulser $229.95

Clean out Your Body

This is a true colon conditioner. It increases bowel activity, and releases oxygen that actually removes old impacted fecal matter helping to remove harmful pathogens and revitalize the entire colon. Oxy-Cleanse allows room for the bowel process to resume normal activity. This product does not cause uncomfortable bloating and cramping. It does not just push out waste material. It works by breaking down old matter so the elimination is gentle and natural. Some people take it daily for continuous cleaning action; others adjust the dose according to their needs. Also, a great companion to a weight loss program. 75 capsules

#22118 Oxy-Cleanse $19.95
Buy 2 and SAVE! $18.75 each

Welcome to "Feeling Great"

Research shows that to be at your best, your cells need two important things:

- **To eliminate toxins**
- **To receive pure, vital nutrients**

Cellfood will effectively accomplish both of these at the same time. By making Cellfood the foundation of your health regimen, you'll be continually cleaning and detoxifying your body, eliminating free radicals, and bringing oxygen, hydrogen and 129 essential nutrients into every cell.

Cellfood Dietary Supplement

The highly effective, time-release delivery system in Cellfood enables over 95% of its nutrients to be absorbed and utilized at the cellular level. Because it is colloidal, bioavailability is increased substantially. As a result, this product provides an incredible oxygen source which aids in the functioning of every body system. Contained in the formula are: "aerobic" proteins, 17 amino acids, 34 enzymes, 78 major and trace elements, deuterons, electrolytes, and dissolved oxygen. A few drops in a glass of water are all it takes. 1 month supply.

#75001 Cellfood 1 oz. $24.95 Buy 3 and SAVE! $23.95 each

Rebuilding Your DNA May Promote Reversal of the Aging Process

Research has shown that this formula's ingredients can regenerate cells, reduce risk of disease, and help you start to grow younger. Clinical studies has shown that regular supplementation of DNA and RNA nucleic acid bases increase cellular repair and regeneration. This spray formula does just that with only 6 sprays per day.

#83153 Cellfood DNA-RNA 1 oz. $41.95

Cellfood Silica Additive

Silica enables our bodies to remain flexible, resilient and energetic. Aids in supporting healthy bones, joints and cartilage, skin, nails, hair, teeth and gums. It also has been shown to reduce healing time. Silica levels decrease with age and therefore may be particularly useful among the elderly. 40 day supply.

#99628 Cellfood Silica 4 oz. $24.95
Buy 3 and SAVE! $23.95 each

Cellfood Skin Care Oxygen Gel

Cellfood Oxygen Gel is specially formulated to take advantage of the dramatic topical benefits of Cellfood. This is a skin gel that is both beautifying and healing. It renews skin texture, promotes a youthful complexion, supports healing of skin conditions, refines oily skin, reduces blemishes, decreases fine lines around the eyes and mouth, and helps with discolorations of the skin. 2 oz. jar. Approximately a 1-2 month supply.

#18724 Cellfood Gel $25.95

For Sore Muscles

Relaxes muscles and reduces arthritic pain within minutes. Produces a Tachyon "blast" that will balance an area in 15 minutes.

#48142 Tachyonized Panther Juice 1 oz. $19.95

Anti-Aging Manual

This Encyclopedia of Natural Health is the most comprehensive, and well-arranged, natural health book in print, organizing the entire holistic field. Contains information on: 90 vitamins, 100 minerals, 55 proteins, 450 power foods, 900 herbs plus neurotransmitters, hormones, 1600 disease conditions. A huge index makes it easy to find what you are looking for. 1685 pages.

#42021 Anti-Aging Manual 3rd Edition $54.95

Don't Accept Aging as a Fact of Life

The accumulation of acidic waste products within our bodies is the process of aging. Learn how to remove them and reverse aging. 123 pages.

#62077 Reverse Aging $11.95

Breathing Techniques to Relax at Any Time

Longevity Breathing cultivates your ability to relax at any time and concentrate on what you are doing without becoming distracted. This Taoist practice of breathing with the whole body releases blockages in the mind/body, enhancing well-being and spiritual awareness. For anyone involved in healthcare, meditation, athletics, and the performing arts (particularly for those who use their voices professionally). 90 minute DVD.

#41064 Longevity Breathing DVD $24.95

An Intelligent Approach to Growth Hormone

Hgh is not a hormone. The all-natural ingredients stimulate the pituitary to release natural growth hormone. It has been shown to increase the natural secretion of human growth hormone levels by 70% over a 60 day period. This gentle approach works with the natural occurring rhythms and cycles of the body. Hgh Plus has a trusted 10 year history of unmatched success with improving personal and family health. It is one of the very few formulas that is doctor-developed, has clinical trials and safety data. You can feel good knowing that it is safe for men and women of all ages. Each batch is tested for purity in an FDA approved laboratory. Sprays are convenient and easy to use. However, growth hormone is a large, unstable molecule and cannot pass through membranes in the mouth. The result is: you just do not get the dose that you think you are getting. Hgh Plus is a liquid tincture (easily absorbed) and the only one in the world using the powerful Alpha Trisequelene as its delivery system.

Users of Hgh Plus report increased energy and libido, memory improvement, elevated mood, improved sleep, immune system enhancement, restoration of hair and muscle mass, as well as improved skin texture.

The ingredients of Hgh Plus are 100% natural; there are NO synthetic ingredients. This product is composed of herbs that are wild crafted and free from pesticides or other harmful additives. This is important, as the body accepts herbs like foods, allowing them to be readily absorbed. The carrier solution is rice vinegar and soy seed oil, not harsh chemicals.

This formula has a long history of use. It was initially developed by a master herbalist and expert in clinical nutrition. It has been shown to be gentle and safe to use. 1 oz. is approximately one month's supply.

#61043 Hgh Plus 1 oz. $59.95
#61046 Buy 3 for $179.85 and get one FREE

Soothes Sensitive Gum Tissue and Helps Remove Plaque

A wonderful feeling when you brush your teeth and massage your gums with this excellent formula containing a high level of oxygen along with spearmint and peppermint essential oils. It disinfects the mouth. You could really call it a "mouth rejuvenator."

#41087 OxyVital Gum Elixir 1 oz. $24.95
Buy 2 and SAVE! $23.50 each

The Fluid of Life

Tachyonized water draws Life Force to every cell of your body. It has been called the elixir of life, working from the inside out, increasing energy, endurance, and balance.

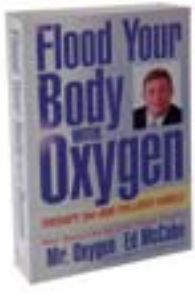
#48146 Tachyonized Liquid 4 oz. dropper bottle (one month supply) $11.95

Reverse Aging

The author reports that at 27, his bioelectric age was 39 but now at 51 calendar years, his bioelectric age is 19... what's his secret? Find out how to go backward in age. 6th Edition. 384 pages.

#48378 Young Again $24.95

Oxygen Therapies for a Polluted World



Oxygen gives you energy, it helps alkalize your blood, which brings vital nutrients from your food to rebuild and repair the cells. This book highlights the problems due to lack of oxygen and offers solutions to remedy the deficiency. 591 pages

#42019 Flood Your Body With Oxygen $27.99

Body Purifying Foot Pads

BodyPure is a soft, potent 2" x 3" foot pad designed to absorb toxins from your body. Developed from years of medical research in Japan, this natural herbal product is effective in cleansing the body from the inside out. It is effective in absorbing body toxins, combating fatigue, improving circulation, increasing metabolism, and repairing a compromised immune system.

There are no chemical additives. Use one pad on the bottom of your foot for 8–10 hours (usually overnight). The foot pads are placed on the arch of the foot to maximize the detoxification, since that particular area of the body hosts reflexology points to most of the major organs of the body. Through stimulation of circulation, the normally slow detoxification of the system is accelerated, allowing for the removal of toxins from the body. The visual evidence is compelling… the pads become discolored. 10 pads per box.

New and Improved

- Contains: 3 times more 100% bamboo vinegar
- Contains: 20% more of the custom herbal blend
- Contains: Citronella (antibacterial/ deodorizer)
- Contains: Diatomaceous Earth (strong absorption qualities)
- New technology to keep ingredients evenly distributed

#51081 DetoxPads $29.95
Free Toxin Testing Analysis When You Purchase 3 Boxes.

Reduce Swelling with Pure Colloidal Gold

Colloidal gold has been used for centuries for a variety of ailments including easing the discomfort of rheumatoid arthritis, improving memory and mental alertness. Colloidal gold possesses a negative charge at the surface of the particles and bonds strongly to other molecules making it highly bioavailable. 30 tablets of 99.99% pure Colloidal Gold.

#75337 Aurasol™ 10 mg $79.95

Keep Your Arteries AGEless

Hardening of the arteries, stroke and heart attack kill 2/3 of all Americans. One of the major causes of artery-related diseases is glucose, the energy molecule transported non-stop in your bloodstream. Glucose reacts with the lining of your arteries 24 hours a day, 365 days a year because it is always present. The chemicals bonds between glucose and artery cells are "chemical handcuffs" which are stronger than the bonds between the proteins that hold your body together.

Although not easily reversible, these glucose/artery bonds are virtually preventable in the first place by certain antioxidants. This bonding process is referred to as glycation, abbreviated as "AGE" formation, which stands for "Advanced Glycation Endproducts."

With this product, it is possible to slow down and minimize the effects of AGE*

This formula contains:

- Benfotiamine: the fat soluble form of vitamin B-1, which can block glycation
- Rutin: a flavonoid that prevents your blood glucose from reacting with other blood components, mainly hemoglobin
- Carnosine: a natural body protein that prevents glucose from reacting with blood, muscle and arteries
- Histidine: a naturally-occurring half of the Carnosine molecule, which provides protection from glycation
- Alpha-Lipoic Acid: a natural antioxidant that prevents glycation of albumin in the blood
- Thiamine: water soluble vitamin B-1 which also has potent effects on preventing sugar from reacting with proteins and our DNA
- Pyridoxine: vitamin B-6, which has been found to protect tissues from reacting with glucose.

#83221 AGEless 90 capsules $49.95
#83222 AGEless 180 capsules $89.95

***These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**

more online MORE PRODUCTS MORE SPECIALS MORE INFORMATION www.ToolsForWellness.com

Relieves Pain, Reduces Numbness, Increases Circulation to Back, Legs, Feet and Hands

The ReBuilder® is a hand held, electronic, FDA approved medical device, that rebuilds your nerves to stop numbness and pain, increases blood flow to your legs and feet to support the nutritional needs of these newly awakened nerves, and increases calf muscle strength to restore your mobility. The ReBuilder® sends its healing signals to your feet, hands or back. You simply place the small signal pads on your skin or in the water of the twin compartment footbath. Then, sit back and relax for your relaxing thirty minute treatment. Your feet will feel refreshed, warm, flexible and pain free. It feels like a relaxing massage. This 30 minute twice daily reprieve sends tiny electrical impulses from one foot, to the knee, to your hip, across the nerve roots of your lower back, and then down the other hip, knee, ankle and all the way to your other foot. Then the signal reverses itself and travels up that leg, across the nerve roots again, and then down to the original foot. This signal, that precisely duplicates a strong, healthy nerve impulse, enervated dormant nerve cells, improves blood circulation, strengthens leg muscles, helps you sleep better at night, and restores your sense of balance. You can walk with confidence again without relying on expensive drugs that have dangerous side effects.

The kit includes directions for using the ReBuilder in order for you to achieve excellent results. The foot bath makes it particularly effective for foot and leg problems. 2 year warranty. Non-returnable.

#33810 ReBuilder Personal Model $399.00

New features: 30% more powerful, larger, easier-to-use controls, new EMS (Electronic Muscle Stimulation) setting strengthens muscles that have atrophied from disuse to debilitating neuropathy pain, operates on AC power or batteries. Now you can increase muscle strength by using the EMS, enabling a return to your normal activities.

#83186 ReBuilder Clinical Model $699.00

Control Unit & Pads

Foot Bath

Relieves of Lower Back Pain Associated with Sore and Aching Muscles

Uses TENS, Transcutaneous Electrical Nerve Stimulation, a safe, non-invasive drug-free method to manage pain. It works by sending small electrical impulses through the electrodes placed on the skin to underlying fibers. TENS allows many people with lower back pain conditions to resume daily activity.

The system consists of a small battery-operated control unit that is worn on a belt. Two small cables connect this to the self-adhesive electrode pads that are positioned where you want them on the lower back. You can vary the time, intensity and/or stimulation modes in order to customize your treatment.

#99896 TENS Back Pain Relief System $149.95
#99897 TENS Replacement Pads (Pack of 4) $19.95

More Vitality and Better Circulation

Many users report stress reduction, better sleep, toning and firming of the waist, relief of chronic back problems, increased energy, muscle relaxation and improved function of the internal organs. Our passive aerobic exerciser oxygenates, tones and strengthens the body while increasing the feelings of aliveness and well-being.

The Stress Buster moves one of the largest muscle groups in the body, your legs. The motion patterns (perfect figure 8s) cause your blood to efficiently circulate throughout your body. Your cells absorb oxygen, and toxins are removed more easily.

Check out these great features: variable speed control, built-in 15 minute timer, and soft leg rests. Our Stress Buster rates very high over the low priced, poorly constructed machines found on late night TV as well as the over-priced models sold by multilevel sales organizations. It's one of the few really good exercise machines that can also be used by overweight people.

#63042 Stress-Buster $199.95

Heavy Duty, Deluxe Model with Extra Features

For only 15 minutes a day, you can exercise the muscles throughout your whole body achieving deep relaxation leaving you refreshed. This deluxe model has many features that increase the body's intake and circulation of oxygen, producing optimal health with spinal balancing, improved immune function, increased blood flow, exercising of internal organs, enhanced sleep, better digestion and reduced anxiety.

Features include:

- Integrated neck massager to increase mobility and range of motion in shoulders and neck.
- Far Infrared technology integrated into the foot massager
- New digital timer remote control
- 6 magnets integrated into the soft neck and footrest
- Rubberized Foot Cradle
- Foot Massager

#75423 Stress-Buster Deluxe $349.95

Before you start any new exercise or massage regimen, you should consult your healthcare professional. Pregnant women, those recovering from an injury or anyone with a medical condition, should not use these machines. Play it safe; if in doubt, ask your healthcare professional first.

Determines Your Body Composition and Measures Calories Burned

The Body Composition Analyzer allows you to accurately monitor body composition with an easy-to-use, desktop device. The unit sends a non-invasive bioelectrical impulse through the body to determine body fat and lean body mass. Assessment of body composition is rapidly becoming a component of a thorough physical examination. Formerly available only in clinics and hospitals, this system can now be used in the comfort of your own home, and there is no need to undress.

If you are truly serious about fitness and/or a weight loss program, this deserves your sincere consideration. It gives you a personalized assessment of:

- Lean muscle mass and percentage
- Body fat weight and percentage
- Calories burned
- Overall cellular hydration level

It works with your computer (PC and MAC) and your existing internet connection. You'll be able to view personal progress, performance graphs allowing you to accurately assess your health status and much more pertinent information. This is an emerging science that has become more important among healthcare professionals to determine a person's general state of health.

The bio-impedance method used here is based on the principle of the relative conductivity of lean muscular structure vs. fat-containing tissues. By repeated measurements (considering gender, weight, age, height, etc.), the system can make accurate determinations. This methodology has been confirmed by numerous validation studies performed by testing labs, universities, and government agencies.

Detailed information on this product along with a discussion of body composition, caloric intake, body fat percentage as a fitness indicator and much more can be found on our website.

You will receive the body composition device, the calorie tracker device, USB cables, CD-ROM, user's guide and tutorial.

#83192 Body Composition Analyzer & Personal Calorie Tracker $195.00

You get results in seconds!

Kidney and Bladder Cleanser

This formulation is specific for cleansing the urinary tract and assisting in the relief of discomfort associated with urinary tract infections. 100 vegetable capsules.

#62153 UTI $19.95

Parasite Infections

More than 80% of the population has one form of parasite in their system. This herbal formula contains a highly effective formulation of herbs to naturally and effectively assist the body in the elimination of worms and parasites, by means of a thorough bowel elimination. 100 vegetable capsules

#62152 Parasine-2 $15.95

Magnetic Necklaces

By wearing this high strength grade VIII ceramic magnetic necklace, your whole body will be exposed to the benefits of the magnetic field transmitted by the high volume of blood flow through your neck. The attractive beads (resembling Hematite) are hand cut, polished and strung on a stainless steel cable. The necklaces can be worn 24 hours a day and will not tarnish or corrode. Both necklaces have the same magnetic strength.

Small Bead Magnetic Twist Necklace

#62513	18"	$59.95
#62514	20"	$64.95
#62515	24"	$69.95

Large Bead Magnetic Twist Necklace

#62516	18"	$59.95
#62517	20"	$64.95
#62518	24"	$69.95

Far Infrared Mineral Energizer Lamp

Different from a conventional infrared lamp, the Far Infrared Mineral Energizer Lamp is intended to emit energy in the far infrared spectrum to provide topical heating for the temporary relief and relaxation of minor muscle and joint stiffness. The heat generated is constant and very soothing to the muscles and joints.

Height, reach and degree of elevation are adjustable. Completely mobile with heavy duty casters. Requires a minimal amount of assembling. Built-in timer. 110v.

#42526 Far Infrared Mineral Lamp $199.95

*** Extra $10 for shipping. No rush or express shipments. Continental U.S. shipments only.**

The Healthy Heart Kit from Dr. Andrew Weil

An action plan for lifelong wellness that includes: Dr. Weil's anti-inflammatory diet, emphasizing omega 3 rich foods and healthy carbohydrate choices.

Exercises for optimizing the nervous system – mindfulness, stress release, and loving kindness

Guided imagery-proven, medically effective 30 minute healing session

It a given that diet and lifestyle

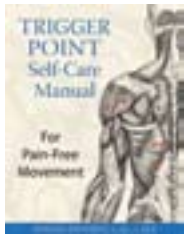
affect heart health/ But, recent studies show that your emotions as well as mind-body practices such as guided imagery and meditation have an equally powerful influence. Combining all these strategies in one convenient program, including a 56 page workbook and 25 useful heart-habit cards, provides an excellent way to begin a lifelong regimen for heart health.

#21485 The Healthy Heart Kit $26.95

Book describes the uses and benefits of the Far Infrared Mineral Lamp. Softcover, 87 pages.

#42527 Pain Free With Far Infrared Mineral Therapy $14.95

Trigger Point Therapy



Methods for the healing and prevention of muscular injuries. Includes causes and remedies for muscular tightness. including self-massage, stretching, and the use of wet heat and/or ice. A fully illustrated reference section organized by body part… identifying the pain associated with trigger points in each muscle of the body. Softcover, 208 pages

#62173 Trigger Point Self-Care Manual $18.95

more online MORE PRODUCTS MORE SPECIALS MORE INFORMATION www.ToolsForWellness.com

FAR INFRARED SUPPORTS

Millions of people attest to the healing benefits of Far-Infrared treatment. The effectiveness of our four-way stretch supports is enhanced by ceramic far infrared emitting elements. These elements, composed of oxides of zirconium, aluminum, zinc, titanium and antimony have been the subject of studies around the world and are believed to retain body heat and emit safe far-infrared rays that penetrate deep into the joint and surrounding tissues which increases blood flow, reduces inflammation and decreases pain. These supports stretch in all directions, promote strength and circulation and provide comfortable support. Light compression counteracts tissue swelling. Fibers have an anti-bacterial treatment that inhibits bacteria growth.

Check our website for additional sizes.

Knee Brace

Measure around the knee and select your size.

#83109 Medium 13–15" $16.95
#83110 Large 15–17" $16.95

Back Support

This far infrared back support promotes strength and circulation, providing comfortable support for the lower back. Outer elastic pulls self-attach for added compression. Removable steel stays increase vertical support. Measure around the low back/upper hip area and select your size.

#83112 Small–Medium 22–33" $39.95
#83113 Large–X Large 32–42" $39.95

Ankle Support

This far infrared ankle support stretches in all directions, promoting strength and circulation, providing comfortable support for the ankle. Light compression counteracts tissue swelling. Great for "sprained ankles." Measure around the ankle and select your size.

#83117 Medium 8¼–10¼" $16.95
#83118 Large 10¼–12¼" $16.95

Elbow Support

This far infrared elbow support stretches in all directions, promoting strength and circulation, providing comfortable support for the elbow. Light compression counteracts swelling. Try it for "tennis elbow." Measure around the elbow and select your size.

#83121 Medium 9–10¼" $16.95
#83122 Large 10¼–11¼" $16.95

Shoulder Support

This far infrared shoulder support stretches in all directions, promoting strength and circulation, providing comfortable support for the shoulder. Light compression also counteracts tissue swelling. Measure around the chest and select your size.

#83125 Medium 33–38" $16.95
#83126 Large 35–40" $16.95

Palm and Wrist Support

This far infrared palm and wrist support stretches in all directions, promoting strength and circulation, providing comfortable support to the palm and wrist. Light compression counteracts tissue swelling. Try it for Carpal Tunnel Syndrome. Measure around the wrist and select your size.

#83129 Medium 6–6¾" $16.95
#83130 Large 6¾–7½" $16.95

Far Infrared Sauna for Deep Thermal Penetration

Far Infrared Ray (FIR) is a form of electromagnetic light energy from the sun. It can penetrate through the skin into the subcutaneous tissues thereby improving blood circulation, promote overall metabolism, get rid of bodily toxins and metabolic by-products from the body and improve cellular vitality. Upon penetrating the skin, FIR transforms light energy into heat energy. The thermal effect within the deep layers of the tissues causes blood vessels and capillaries to dilate, promoting a vastly improved blood circulation.

Benefits include: improved blood circulation, enhanced metabolism, detoxification, increased immune system function, cellular vitality, peak energy, vasodilation and skin purification.

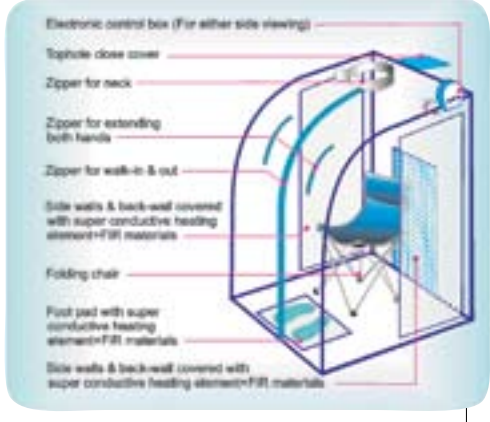
Activated by heat, the FIR material emits FIR energy that is absorbed by human cells, causing a physical phenomenon called "resonance". Thus the cellular activities are instantly invigorated, resulting in a better blood circulation and overall improved metabolism.

It also increases heart rate and blood circulation, both crucial to maintaining one's health. The heart rate increases as more blood flow is diverted from the inner organs towards the extremities of the skin without heightening blood pressure. For injuries, heat stimulates vasodilatation of peripheral blood vessels, bringing oxygen to joints and extremities, speeding the healing of sprains and strains, thus relieving pain.

Produces dry, therapeutic heat of 150 degrees (maximum).

The increased blood flow helps aching and injured muscles recover faster because the stronger the flow of blood, the quicker metabolic and toxic waste products are purged from the body, through the skin during perspiration, believed to be responsible for eliminating up to 30% of body waste.

For that sought after healthy glow, FIR Sauna heat therapy allows increased blood circulation to carry great amounts of nutrients to the skin, thus promoting healthy tone and texture. Also provides a mild cleansing of the skin. The Sauna Hothouse is easy to assemble and comes with a timer, footpad, foam floor cushion and folding chair. Occupies only 6 sq. ft. of floor space. 38" high x 27" wide x 31" deep. 110v.


Electronic control box (For either side viewing)
Top/side close cover
Zipper for neck
Zipper for extending both hands
Zipper for walk-in & out
Side walls & back-wall covered with super conductive heating element+FIR materials
Folding chair
Foot pad with super conductive heating element+FIR materials
Side walls & back-wall covered with super conductive heating element+FIR materials

***#81056 Sauna Hothouse $699.95**

Add additional $30.00 shipping charge.

***Denotes this item ships factory direct. No rush or express shipments. Continental U.S. shipments only.**

THIS SAUNA SHOULD NOT BE PURCHASED IF THE USER IS OVER 6' TALL AND WEIGHS OVER 195 LBS.

Improves Digestion with Oxygenation

Whether you want to clean out and detoxify the colon, or oxygenate your system for an added edge, Oxybliss could be the answer for you.

Excellent before workouts for increased physical and mental stamina. This is a very effective, desirable detoxifier and colon cleanser. Cleans the colon, oxygenates the blood, provides increased physical and cognitive vitality, as well as promoting regularity by re-oxygenating the colon.

#48379 OxyBliss Powder 250 gms (8½ oz.) $61.95
#33811 OxyBliss Capsules 100s $59.95

Scavenges Free Radicals and Toxins

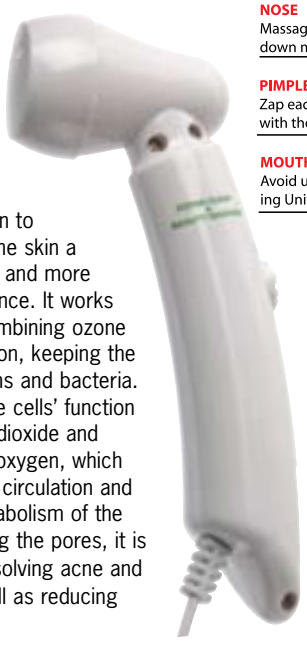
The vitality of Oxy-Bliss Liquid is incredibly psychoactive, producing a high-energy feeling of well being, optimism and clearer thinking. Sublingual for fast and complete absorption. Helps detoxify the body by scavenging free radicals and toxins. (1–2 month supply) 1 oz. bottle.

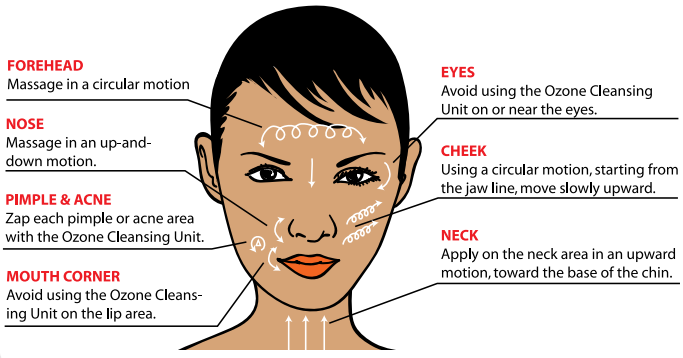
#46038 Oxy-Bliss $46.95
Buy 2 and SAVE! $43.95 each

All information contained herein is for educational purposes only. No health claims are intended or inferred. Statements made in this catalog have not been evaluated or approved by the U.S. Food and Drug Administration. If you have a medical condition, please consult your healthcare professional.

Improves Skin Clarity Helps Delay Signs of Aging

The Ozone Cleansing and Beauty Kit (formerly known as OxyLight) delivers oxygen to the skin, rejuvenating tired skin cells and allow the skin to breath. It gives the skin a beautiful, clearer and more youthful appearance. It works effectively by combining ozone and micro-vibration, keeping the skin free of germs and bacteria. It strengthens the cells' function to expel carbon dioxide and to absorb more oxygen, which allows for better circulation and accelerated metabolism of the skin. By cleansing the pores, it is very useful in resolving acne and blemishes as well as reducing inflammation.




FOREHEAD
Massage in a circular motion
NOSE
Massage in an up-and-down motion.
PIMPLE & ACNE
Zap each pimple or acne area with the Ozone Cleansing Unit.
MOUTH CORNER
Avoid using the Ozone Cleansing Unit on the lip area.
EYES
Avoid using the Ozone Cleansing Unit on or near the eyes.
CHEEK
Using a circular motion, starting from the jaw line, move slowly upward.
NECK
Apply on the neck area in an upward motion, toward the base of the chin.

The high frequency waves stimulate the deep skin layers, greatly improving circulation while the oxygen's negative ions balance the pH from acidic to more alkaline levels, thus neutralizing excess acids and promoting healthy, beautiful skin.

It is also used with great results on wrinkles, puffy eyes, cold sores, sagging skin, collagen production and effective reduction of fluid retention areas.

The results achieved with this hand held unit compare very favorably with $50 to $100 treatments offered in fancy salons. It is lightweight and compact … very easy to use.

AC operation. 1 year warranty.

#42529 Ozone Cleansing and Beauty Kit (formerly known as OxyLight) $109.95

Light and Source Energy for Healthy, Glowing Skin

- Uses Light and Source Energy in the 630 nanometer spectrum, the optimum frequency for cellular healing and regeneration.
- Utilizes the 12 Higher Harmonic, enabling your body to come into balance with this healing energy.
- White Light Energy, a highly purifying carrying wave which is excellent for releasing negative energies from the body, on the physical, emotional, mental and etheric levels.
- A unique 50 ultra bright LED array, more than twice as powerful as the average 20 LED grouping.

Stimulates collagen which helps to smooth the skin, firms the skin, increases oxygen circulation, produces a healthy glow to the skin, assists with acne management, effective on enlarged pores and cold sores, invigorates cellular regeneration, and provides accelerated skin repair after accidents and/or surgery.

#83064 X Star50 Photo Rejuvenation System: Portable Rechargeable Battery Model $1299.00
#42684 X Star50 Photo Rejuvenation System: AC Model $999.00

Notice: Not intended for use to treat or cure disease. Use of this product should not be used in place of a healthcare professional.

Verilux ClearWave Photo Therapy Skin Care System

Here's a natural alternative to benzoyl peroxide cream and antibiotic drugs. Light at certain wave lengths has the power to wipe out the bacteria that causes acne.

It kills the acne which multiplies when oil glands are clogged, and has an anti-inflammatory effect on inflamed skin pores. Dramatic results after 12 weeks. People, who have literally hundreds of half-used creams and lotions can now find satisfaction with this blue/red light therapy, the same used by dermatologists. Not for use by people on antibiotic therapy. Built-in handle and counter stand, hardware for wall mount, one year guarantee, eye goggles and booklet. 20" high x 13" wide x 3½" deep

#42026 VERILUX® ClearWave Skin Care Light $199.00
#42054 Replacement Bulbs: Pack of 2 $56.95

Handheld Facial Toning Device Improves Your Appearance With Microcurrent Technology

The muscles and skin tissues are lifted and toned using non-invasive, gentle electrical stimulation. You glide the easy-to-use NuFace device along the contour of the face while a gentle alternating current is emitted through dual spherical probes. The University of Washington's Pathology Department reported "This technology works in harmony with the body is evident. Examination of skin tissue treated in this manner showed a 45% increase in the number of elastin fibers in the dermis, collagen thickness in connective tissue increased 10%, and the number of blood vessels increased by 35%. The application of microcurrent to skin and tissue produced a firmer and tighter feeling on the skin surface."

In an efficacy study, users used NuFace 5 minutes a day for 30 consecutive days. Within only a four week evaluation, it reported a 67% reduction in facial lines and wrinkles, 13% reduction in sagging skin, 31% reduction in skin roughness and surface irregularities, as well as making the skin appear lighter and well toned.

Microcurrent technology is used in luxurious spas and dermal clinics to lift and tone the face, reduce and eliminate fine lines and wrinkles, improve facial circulation, skin exfoliation, lymphatic drainage, sun damage treatment, and skin pigment improvement.

In fact, the Food & Drug Administration has cleared NuFace as an in-home cosmetic device that safely and effectively improves the appearance of the face through the use of microcurrent technology. Regular use will maintain a healthy facial muscle tone and integrity.

#83204 NuFace Kit $379.00
#83205 Optimizing Mist Refill 8 oz. $32.00
#83208 Derma-Gel Refill 8 ½ oz. $25.00

The kit contains: Derma-Gel (applied to skin areas to be treated), Optimizing Mist (used after the treatment to promote continual hydrating and firming), instructional DVD, carry case, user manual and 9v battery.

more online MORE PRODUCTS MORE SPECIALS MORE INFORMATION www.ToolsForWellness.com

Deep, Penetrating Rejuvenating Light

Specifically designed and engineered red and infrared LEDs, proven to reverse the dreaded signs of aging by diminishing fine lines, creases, furrows and crow's feet. This lamp uses "Photon Energy" to stimulate deep into the skin to repair damaged tissue. A smoother, younger complexion is the result with none of the painful and expensive surgery, peels, or injections. It's all natural … your skin is plumped, refreshed and replenished from deep within, using DPL Therapy (Deep Penetrating Light.) While LED devices have been around for many years, it has only been since NASA's first studies on wound healing about 20 years ago that LED technology has been validated.

Here are some of the benefits that you can expect:

- Helps sun-damaged skin
- Creates more skin moisture which will help fill out the skin
- Increases circulation, producing a healthier skin tone
- Reduces melanin production, which causes brown age spots
- Activates fibroblast cells which create collagen and elastin
- Restores the skin's natural cellular collagen activity
- Lessens skin coarseness and pore size
- Smooths skin texture and reduces skin degradation
- Reduces overall redness, flushing and dilated capillaries

Advanced Technology In Cosmetic Science

DPL therapy is a non-invasive procedure that activates skin cells with pulses of low-level, non-thermal light energy. DPL therapy converts light energy within the skin cells, like photosynthesis, which takes sunlight and converts it into food energy in plants.

Use for 9 minutes once or twice a day. It is used with eyes closed; eye shields are furnished for your convenience but are not necessary. The black/grey unit contains 2 panels (each 6" x 9") mounted on a stand.

Minor assembly is required. You'll receive a Quick Start Guide, User Manual, and a one year warranty card.

This is a high quality, proven system that will give outstanding results. Regular users are enthusiastic about the improvements that have been achieved.

#83202 Deep Penetrating Light $349.95

Optimum Health without Drugs, Needles, Pain, or Surgery

For more than 2000 years, oriental doctors have studied the human bioenergetic field and discovered chi-gong, an energy exercise that strengthens the bioenergy. With the BioEnergizer®, Natural Qigong is easy to practice, allowing the body to spontaneously respond according to its own needs. It is highly efficient because you are recharged by an unlimited source of healthy energy. **Here's how it works:** The inaudible sound waves that emanate from the BioEnergizer affect the surface of the skin and generate a "healing-type" energy that relaxes the body. Based on the principle of resonance, your distorted and weakened bioenergetic field will be restored and your self-healing capacity will be intensified. Sit or stand in front of the BioEnergizer® for 15 minutes a day. You will have clearer thinking, more energy, and a new sense of well-being.

#75043 BioEnergizer $349.95

Energize Tired Feet … Enhance Circulation … Improve Mobility

The MobilityPads formula is based on Oriental and Ayurvedia herbology. This herbal blend utilizes far infrared heat to gradually generate warmth and dilate the capillaries in the feet. Users report increased circulation leading to greater mobility. They are used overnight, placed on the arch of the foot and worn for up to 8 hours. Each pad is 2" x 3". The all-natural key ingredients are:

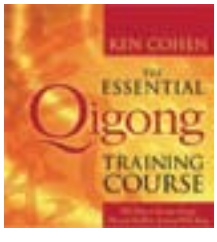
- White Tourmaline to increase circulation with far infrared heat
- Peppermint to soothe and relax muscles
- Capsicum to relieve aches and pains
- Chamomile for skin conditions and stress relief
- Ginger to alleviate stiffness and pain
- Arnica as an anti-inflammatory

#46108 MobilityPads Pack of 10 $29.95

These statements have not been evaluated by the U.S. Food and Drug Administration. This product is not intended to diagnose, prevent, treat or cure any disease.

Boost Your Health and Energy Using a Chinese Ancient Healing Tradition

This is a comprehensive home-study Qigong curriculum taught by renowned China scholar Ken Cohen. The complete kit includes:



- 59 page weekly workbook
- Workout DVD: Offers an 80-minute programmable workout and dozens of demonstrations to learn ancient movements and meditative postures that detoxify, energize, and heal the body
- Healing DVD: Three hours of essential teachings and hands-on exercises to learn how to direct the healing qi energy to others
- 5 Audio CDs: Training course covers every phase of Qigong theory and practice, including 25 rare meditation exercises that balance emotions, boost immunity, increase sexual vitality and enhance spiritual well being.

#51052 The Essential Qigong Training Course $99.00

All About Qigong Healing

The foundation of China's 3,000 year old tradition for vibrant health and longevity is "Qi"... literally, the "vital energy" of the universe. Qigong master Ken Cohen gives an instructive course that reveals every dimension of Qi energy healing, just as it is practiced in China. An excellent tool for recovery, and to soothe anxious nerves. 3 hour DVD & 27 page guide.

#51036 Qi Healing to Heal Others $39.95

A study course on the ancient Chinese system of gentle movements and breathing techniques for harnessing the massive power of Qi. DVD and a 15 page study guide.

#51035 Qigong for the Individual $19.95

Buy both Ken Cohen DVDs and SAVE!
Order #51037 $53.95

Use Qigong to Remove Sickness and Pain

The people who have completed this course report profound improvements in health and inner peace, such as:

- Wayne opened up veins around his heart & avoided risky surgery
- Stacy dissolved a golf ball sized lump in her left breast
- Sue restored a major blood vessel in her brain to full function
- Esther was on oxygen 24/7 until she learned Spring Forest, and has not needed oxygen for over 5 years now

By balancing your Qi, or life energy, and raising the strength of the magnetic field around your body, you can resist negative outside influences, be they pollution, unwanted EMFs, or emotional unpleasantness. The techniques involve simple movements, breathing exercises and mental focus on energy movement in your body, and sitting meditations. Takes only 15–30 minutes a day. Here's What You Get:

- 4 audio CDs of Chunyi Lin discussing how to bring the power of Spring Forest Qigong into your life
- 2 audio CDs of the Active Exercise and Sitting Meditations. Listen to these sessions while practicing Forest Qigong
- 1 full color DVD of Master Lin demonstrating each of the Active Exercise movements.
- 40 page course manual with detailed descriptions of each movement and meditation
- CD of original music called "Inner Beauty," crafted by Master Lin as background for practice.

#42549 Spring Forest Qigong Level 1 $149.95

Discover Chi: The Life Force within Everything that is Living

Your Chi is probably strong if you are happy and healthy. However, if you can't get out of bed, your Chi is probably weak. Angry, frustrated, depressed? Your Chi is probably stuck. Cultivating Chi is an art and a science. This is a complete exercise regimen for learning and understanding the practice of chi gong and Tai Chi. Consists of 4 DVDs (60 minutes each). Appropriate for everyone: beginning, intermediate, and advanced.

#99852 Discovering Chi $39.95

Spring Forest Qigong, Level 2: Help Your Friends and Family Heal Themselves

You can watch how Master Chunyi Lin personally uses Spring Forest Qigong to help other people heal themselves. The course includes detailed information about blockages associated with different problems raging from headaches to high blood pressure to arthritis.

This Level 2 course includes: four CDs, one DVD, a 40 page course manual, a music CD. It is best to learn Level 1 first. However, you can begin with Level 2.

#42550 Spring Forest Qigong Level 2 $199.95

OxyVital Skin Elixir

OxyVital delivers more oxygen to your skin, soft tissue areas, gums, nasal passages and feet providing essential oxygen for radiant well-being. It contains Vital Life Force specifically formulated for cellular anti-aging. This proprietary process combines super oxygen bonded with the purest organic, therapeutic grade essential oils, Vitamin E, Vitamin A, and Omega anti-oxidants, recognized for their longevity and anti-aging benefits. The Vitalized Oxygen immediately soothes, repairs and rejuvenates skin that has been chemically peeled, or skin that has been exposed to sun, wind, or other harsh elements. Contains Rose and Neroli Organic Essential Oils. Smells and feels wonderful on your skin!

#41083 OxyVital Skin Elixir 1oz. $29.95

Individual results from using these products may vary. These products have not been evaluated by the Food and Drug Administration and are not intended to diagnose, treat, cure or prevent any disease.

Improve Your Eyesight Naturally

The author, born without sight, refused to surrender to his blindness. Instead, he began an intensive exploration of sight and developed a profound self-healing system. This interactive kit will help you to discover how eyesight influences your overall well-being, and learn 13 exercises to increase your visual acuity and ocular health. Even if your vision is excellent, you're probably one of the 70% of computer users who suffers from repetitive eyestrain. Includes: 2 CD learning sessions, practice cards, eye charts, and a guidebook.

#51053 The Natural Vision Improvement Kit $26.95

Magical Passes by Carlos Castaneda

These are movements and positions discovered in states called dreaming and practiced in Mexico in ancient times. The "passages" are to physical and mental prowess, producing extraordinary well-being, concentration and precision.

#51060 Magical Passes, Unbending Intent DVD $24.95

Anti-Aging Formula from Japan

Scientists and researchers have determined that Hyaluronic Acid is a contributing factor in: joint mobility, healthy vision, and smooth and well-toned skin. HA is a naturally occurring substance, which is present in all connective tissues of the human body. It is in high levels in the skin, ligaments and joint fluid. Also of benefit in helping the skin remain more flexible and for spinal discs remaining more viscous. Hyaluronic Acid, Biocell Collagen Type II and Chondroitin Sulfate.

#81064 Hyaluronic Acid 90 capsules $39.95

Buy 3 bottles and SAVE! $34.95 each

Take Full Advantage of Nature's Full Spectrum of Sunlight With OTT™ Protection Sunglasses

OTT Sunglasses let natural light in and keeps damaging sun rays out so you can see things as they really are. Other sunglasses create distortion and color hues on your viewing area which can affect judgment and accuracy. The only sunglasses by Dr. John Ott, a man dedicated to teaching us the importance of natural sunlight to the human body.

#42039 Basic Women's $39.95
#42040 Aviator Men's $39.95

Three Programs by Carlos Castaneda

Tensegrity is the art of utilizing movements (from Mexican Shamans) that promote health, vigor, and physical well-being in a modern setting. DVD: Tensegrity Volumes 1, 2, 3. 5 hours.

#99943 Tensegrity DVD $29.95

Experience the Healing Power of Breathing with this Four Week Program

If something is troubling you, then changing the way you breathe will help. In fact, the FDA has approved breath training as a recognized treatment for hypertension, and there are many studies that show its effectiveness in relieving anxiety, depression, chronic fatigue, and more. This very effective training program will help you master the skills of this healing art at your own pace, in just 10 minutes a day. You get: DVD that teaches the Lifestream Breathing Technique, an audio CD with guide sessions to expand your consciousness, heal from emotional trauma, increase energy levels, and reduce stress… plus study cards and a guidebook.

#51054 The Breathing Box $26.95

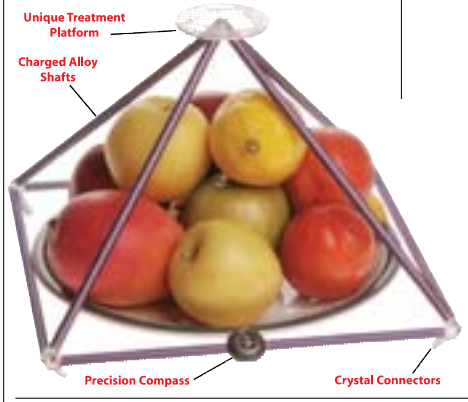
more online MORE PRODUCTS MORE SPECIALS MORE INFORMATION www.ToolsForWellness.com

Powerful Pyramids with New Features from Nick Edwards

These are new additions to our line. The aluminum-titanium shafts are anodized gold and charged with a 1,000,000 volt Tesla Coil to increase their energy output. There is a circular treatment platform that connects to the apex of the pyramid for treating small things or a glass of water. Even the connectors are unique; they are pyramid shaped with precise Cheops angles and look like jewels. The bottom of the pyramid is designed to be off the ground so it can vibrate. A precision compass is provided so you can align it to magnetic north.

- Stimulates meditation and psychic energy
- Stimulates potency of vitamins and herbs
- Stimulates growth and health of plants
- Stimulates sensual awareness and dreams

#83156 10" Amethyst Anodized Pyramid $49.95

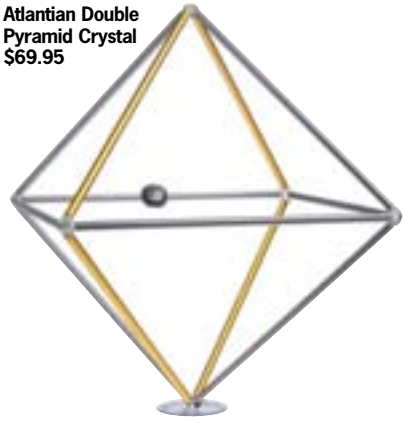


A Very Unique Double Pyramid

This is a pyramid formed by two Cheops pyramids, attached base to base, creating a two-pyramid shape. The Egyptians wrote that a pyramid with its own reflection was the most powerful. Trying to duplicate this, the creators of this double pyramid found it was a perfectly squared mathematical model of a sphere and the form created two new strange-shaped pyramids. Results point to a synergistic effect caused by the two pyramids.

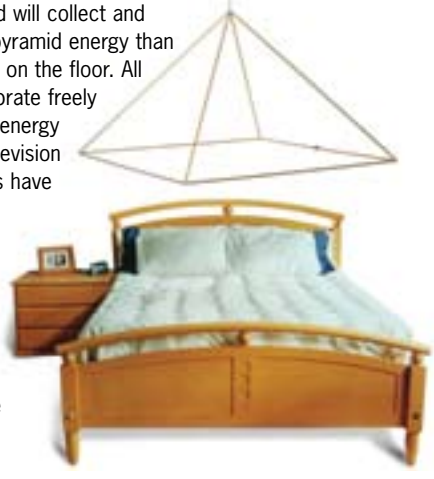
The Atlantian Pyramid Crystal is made with platinum shafts and complemented with gold shafts to outline the strange, new pyramid's base. The name was inspired by Atlantis. It is a very powerful device. It works well as a centerpiece on a table or set up in the middle of a room. It will become the focal point of energy, conversation and group interaction. 14" high and 11" wide. Comes with compass attached.

#83201 Atlantian Double Pyramid Crystal $69.95



Enjoy Energized Sleeping And Meditation

The 42 ½" base "Mother Ship" is a large single shaft pyramid, creating an advanced single pyramid generator. The gold anodized shaft is precision drawn from a larger diameter alloy of aluminum and titanium. The exact Cheops pyramid angles are created by the unique jewel-like connectors. When assembled (as shown in the photograph), this huge pyramid becomes a metal sculpture of unusual beauty. Because of its ultra light weight, it can be easily hung over a bed or seating area.



Research shows that the large 42½" base size antenna design pyramid will collect and radiate more pyramid energy than if it was sitting on the floor. All eight shafts vibrate freely receiving high energy much like a television antenna. Users have experienced new highs in sex, meditation, dreams, psychic powers and well-being. The alloy shafts are charged and energized with a one million volt Tesla coil to create a very high pyramid energy output. Comes with compass attached. Very easy assembly is required; can be done in a few minutes.

#83157 42 ½" "Mother Ship" Hanging Pyramid $199.95

Accelerate Healing with Subtle Energy Plates

Highly defined subtle energy tools that work by sympathetic resonance to awaken the universal energies that exist throughout the cosmos, and within our own selves. The Activator Disk (2") shares its well-tuned copper and silicon energy antennas with our energy field (the aura) through sympathetic resonance.

The Portal Energy Plate (5") is an interactive subtle energy device that helps us quiet our mind so we can access our spiritual realms.

The Neutral-Space Plate (6" x 4½") interacts with your energy field to unify body, emotions and the mind. Dissolves stuck energy blockages from your aura, chakras, and meridians.

#34019 Powerforms Kit 3 Subtle Energy Plates $129.95

Transform Your Negative Energy Patterns

The Cell-Balancer Plate gently and effectively aligns your cells with your Future Self's positive blueprint. This activates your cell's higher potential, and prepares you for our planet's rapidly quickening spiritual evolution. 6 x 4½".

#42715 The Cell-Balancer Plate $61.95

SPECIAL OFFER:
#42673 All 4 Subtle Energy Plates $179.95

Sacred Geometry

From The Monroe Institute, these designs are literally brought to life through exquisite technological artistry… connecting you within the very heart of creation. Used as a powerful tool for achieving expanded states of awareness. Sacred Geometry is an ancient science that explores and explains the energy patterns that create and unify all things. Through Sacred Geometry, we can discover the balance and harmony that exist in all manifest reality.

LightSOURCE allows you to experience higher aspects of Self within the designs of pure Source energy. As the blueprints literally come to life before your eyes, you are propelled into ecstatic play with the magic of the universe … the very heart of Creation. Contains 13 of the most auspicious geometry forms.

#51087 LightSOURCE CD $49.95
#51089 LightSOURCE DVD $34.95

Let Go of Who You Are Not; Say Goodbye To Negative Energy

The MegaChi™ Pendant is designed to protect from negative energies like fear and doubt. It also protects from negative electromagnetic low frequency energy fields caused by cell phones, microwaves, computers, etc.

- Expect to feel a new and wonderful sense of being
- Expect to be more connected with your intuition and remember the things that matter
- Expect to feel revitalized and energized so you can accomplish the things that are important to you
- Expect to attract wonderful things, events and people into your life.
- Expect to raise your emotional IQ

By wearing this pendant, your energy shifts to a higher energy signature with a resonant frequency that meets in the heart center, or chakra to experience yourself as beautifully balanced, centered and harmonized. 1 x 2".

MegaChi Harmonic Resonance Pendant

#99601 Rhodium (Platinum) with box-link chain $299.95
#99602 24K Gold plated with black silk cord $299.95
#83184 14K Gold with black leather cord $1729.95

Mega Chi With Elegant Design And Ultra-High Energy

This pendant was designed using ancient principles of sacred geometry and infused with white light. This powerful energy pendant radiates force and vitality as if from a higher dimension. The front features sacred geometry designs and the back is beautifully inscribed with the inspiring words: HOPE, BLISS, JOY, LOVE and GRATITUDE to invoke and embody these qualities.

#33812 HiChi Pendant ¾" Sterling Silver $199.00 (27" Sterling Silver Chain included)
#99894 HiChi Pendant 1" Sterling Silver $249.00 (27" silver chain included)
#33813 HiChi Pendant ¾" 24K Gold $599.00 (27" Brown Leather Cord included)
#99895 HiChi Pendant 1" 24K Gold $999.00 (27" Brown Leather Cord included)

Your Chakras and Your Auras

Shows how to clear the chakras of old hurts and to cleanse and strengthen the aura for protection against invasive energy. Healing is explained as a process of awareness, intuition and self-discovery. Indispensable grounding techniques. 265 pages

#82066 Your Aura and Your Chakras $16.95

Colloidal DNA Boost

The body is reminded to heal itself through the Bioenergetic Resonance Re-patterning and entrainment of resonant fields enabling healthy DNA to be transferred to the body. This is a powerful and effective cellular regeneration booster… containing colloidal Gold, Silver, Rhodium, Iridium, Platinum, Chromium, Vanadium and Silica.

#75338 Colloidal DNA Boost 2 oz. dropper bottle $89.95

Optimizes the DNA Function

A naturally occurring trace mineral complex and homeopathic combination. Balances and harmonizes the electromagnetic energies of any other substance or organism it comes in contact with. Enhances food, other dietary supplements and the human body. Facilitates the removal of heavy metals at the cellular level.

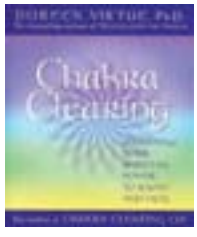
#75339 Aulterra 300 mg 60 capsules $29.95

Mapping the Human Aura

Dr. Valerie Hunt Ph.D., working at the University of California, has created a series of CDs from the actual sound frequencies of the chakras. Because the frequencies come from the living aura with selected in-synch music, these CDs have been shown to rapidly brighten and balance the human aura. 5 specific tracks on 2 CDs. Total 147 minutes.

#72036 Music of Light $64.95

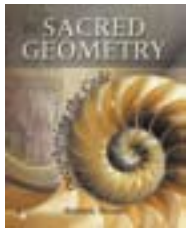
Chakra Clearing Book and CD



Guides you through meditations and visualizations to clear your chakras, which activates your inborn healing and psychic abilities. You will understand the functions of the major chakras and esoteric methods for clearing them of fear. Hardcover, 112 pages plus CD

#62179 Chakra Clearing $17.95

Sacred Geometry: Deciphering the Code Book



See how mathematical discoveries have manifested themselves over and over again in biology, astronomy, physics, and philosophy, as well as in the greatest works of art … and how that links us to the infinites. Hardcover. 160 pages.

#62127 Sacred Geometry $24.95

Pain Control

This Monroe Institute program can help you reduce pain signals until they no longer seem significant. CD: 44 minutes.

#42748 Pain Management CD $19.95

Overcome Trauma

Dr. C. Norman Shealy helps you to understand the power of the mind-body connection and its relationship to restoring wellness following a trauma such as surgery or a life threatening disease. Hemi-Sync signals from the Monroe Institute guide you into a deep, receptive state of relaxation. 4 CDs

#45010 Network Of Light Series 59.95

Share Us With A Friend
Help someone else enjoy the life-enriching products at TOOLS FOR WELLNESS. Send us their name and we'll rush a catalog to them.

OPEN 24/7
ToolsForWellness.com

more online MORE PRODUCTS MORE SPECIALS MORE INFORMATION www.ToolsForWellness.com

Measure and Increase Your Life Energy by Spinning the Wheel

Dr. George Egely

The Egely Wheel allows you to check, measure and increase your own vitality level. A persistent low energy level can serve as a warning that illness may be developing.

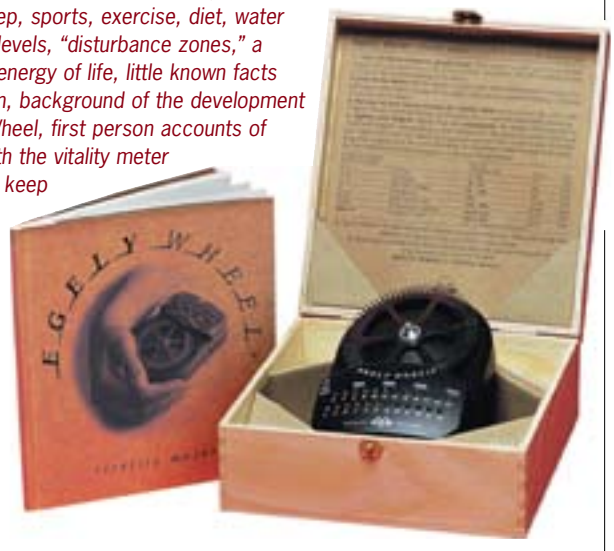
Using The Egely Wheel

As you use it, you will soon find that the Egely Wheel's rate of revolution depends on your physical and mental state and fluctuates along with your current fitness level and ability to concentrate. If you are very tired, you can expect a low rate of revolution. As you practice, you will learn how to tune in to the mental state which produces your maximum rate of revolution, attained when your mind is in a relatively narrow range between complete relaxation and intense concentration. The easiest way to reach this state of mind, which is similar to a state of meditation, is to listen to your favorite music, imagine doing something you enjoy, or recall happy memories. Your body functions best in this mental state.

The Egely Wheel rates your "vitality quotient" or VQ. Those who are the most vital, relaxed, energetic and joyous were able to make the wheel spin the fastest. If your VQ level has been low for a few weeks, it is a warning and an opportunity to work on improving your health and fitness.

The Egely Wheel is very simple to use and requires no training. The key component is a 3" wheel that rotates on a delicate pivot fueled by your life energy. Simply remove the plastic cover and cup one of your hands, surrounding the wheel as completely as possible with your fingers and palm. The wheel will rotate as you concentrate. The Egely Wheel comes in an attractive wooden box together with extensive instructions, ideas for improving your vitality

You will receive an 83 page booklet with detailed instructions, information on how vitality can be increased, sleep, sports, exercise, diet, water structure, ion levels, "disturbance zones," a history of the energy of life, little known facts about the brain, background of the development of the Egely Wheel, first person accounts of encounters with the vitality meter and a chart to keep track of your progress. You will become aware of just how much you and your family can reach new levels of vitality.



level and the historical and scientific background of the measurement. Battery operated.

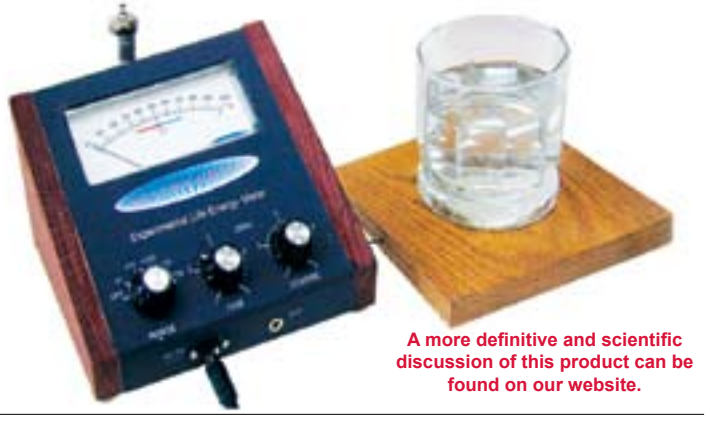
#54848 Egely Wheel $179.95
#54849 Replacement Wheel $10.95

A UNIQUE TOOL FOR RESEARCHERS, SCIENTISTS, AND THOSE WHO WANT TO UNDERSTAND THEIR OWN VITALITY

Experimental Life Energy Meter

This technology allows you to test the vitality of water, compare different people's energy levels, check the energy of different soil samples, or help people learn about energy healing. The meter emits a weak "displacement" energy field around the electrode and the meter can then indicate the precise energy level of any organic object in front of it. This is an ideal tool for those serious about energy medicine, healing, water research, subtle energy. One year warranty.

#42034 Experimental Life-Energy Meter $379.95



A more definitive and scientific discussion of this product can be found on our website.

Energize What You Eat and Drink

These anodized purple aluminum plates are tuned energetically to emit positive life force energy. They act to revitalize whatever you place on them, be it food, drinks, or you! The large plate is great for placing on refrigerator shelves to revitalize food and drinks, or under your mattress for your own personal energy boost. Small plates work well as coasters, or tucked in a pocket.

Positive Purple Energy Plate
#46051 Large 12" x 12" $49.95
#46052 Small 4½" x 2¼" $14.95

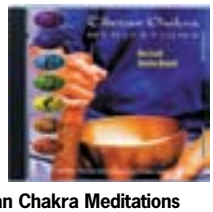
Measure High Frequency Subtle Energy

This meter measures high frequency subtle energy created by invisible and unknown geomagnetic forces, beyond the known electromagnetic spectrum. For those interested in the unseen and unknown. For those who are paranormal investigators. For those who want to measure the changes in the earth's magnetic field. If you engage in chi gong or practice Feng Shui.

#46075 The Trifield Natural EM Meter $229.95

Traditional Tibetan Music

Tibetan singing bowls are used for the invocation of good spirit, dealing with disease, and negative energies. CD 73 minutes.



#63022 Tibetan Chakra Meditations $18.95

Tune Your Chakras with Sound

This is the best-selling and most effective balancing music available on a single CD. By Steve Halpern. 67 minutes.

#41002 Chakra Suite $16.98

Neutralize Bad Energy

The rings use free energy channeled by layered precious metals including Gold and Rhodium. Both rings work well to neutralize negative energy fields (such as microwaves, negative thoughts electromagnetic pollution, machine resonances from food processing) from your food, drinks and nutritional supplements.

#63507 4" Neutralization Ring (weighs 3 oz.) $37.95
#75232 13" Neutralization Ring (weighs 3 lbs.) $269.95

TURN YOUR CD PLAYER INTO A MIND AND MOOD MACHINE

High Chi 5-D Sound is heard with one's entire being. It speaks to all of the cells of the body reaching the primal depths of the spirit. One actually seems to float in a field of pure space. This breakthrough technology clears your energy field of stress, leaving you in a vitalized, harmonious and balanced peak performance state. Many listeners report that these CDs create blissful, mind altering states.

Energy That Speaks To The Soul!

Designed in Germany to analyze and develop energy remedies or vibratory medicines, an advanced computer program holds in memory, the energy field of any substance. On a quantum or vibratory level, the energetic blueprint is more active than the "solid" substance. When the vitality of the energetic blueprint is fed back upon itself (energy amplified/potentiated)–the vitality level of the substance field soars!

1. Problem Solving

Overcome limitations. Release blockages to greater courage and strength. Elevate your mood and step into a whole new reality!

#41088 Formula 1: CD $29.95

2. Prosperity and Abundance

Raise your mood level and self-esteem. Release doubts and fears. Manifest your desires from a state of bliss.

#41089 Formula 2: CD $29.95

3. Memory Enhancement and Accelerated Learning

Let go of confusion, self doubt and fear. Increase visual processing skills and raise cognitive learning!

#41091 Formula 3: CD $29.95

4. Communication and Personal Integrity

Inspires objective, emotionally balanced and intuitive listening.

#41092 Formula 4: CD $29.95

5. Stress Release, Deep Relaxation and Peace

Release stress, fear, negative thoughts, emotions and attitudes around work, financial and relationship issues.

#41093 Formula 5: CD $29.95

6. Releasing Blocked Emotions, Attitudes and Heart Opening

Open your heart to forgiveness, for yourself and others. Release pain, conflict, counter-emotions and attitudes. Let yourself love and be loved.

#41095 Formula 6: CD $29.95

7. Enhanced Creativity and Intuition

Release blockages to your creativity, imagination and intuition. Learn to listen to and trust your inner guidance. Be in the creative flow!

#41096 Formula 7: CD $29.95

8. Releasing Addictions and Compulsive Obsessive Behavior

Stress releasing, relaxing, balancing and inspirational. Enables personal freedom. A great natural high!

#41097 Formula 8: CD $29.95

9. Personal Power, Goals and Motivation

Know your higher purpose, open to your self-worth, self-value, self esteem and self confidence. Let go of who you're not!

#41098 Formula 9: CD $29.95

10. Releasing Inhibitions for Sexual Ecstasy

Experience passion and ecstasy! Reconnect with your joy, passion and gratitude for being physical!

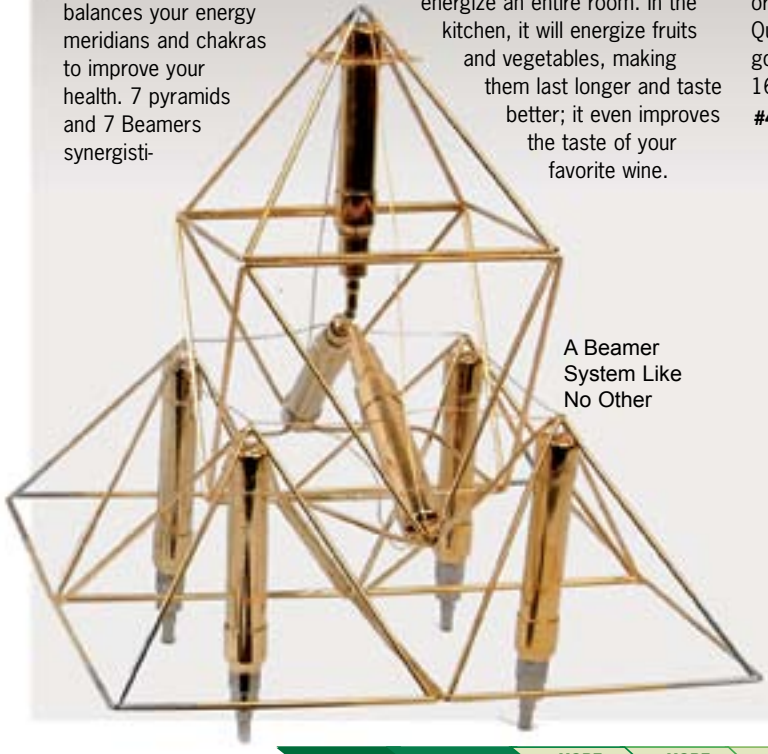
#41099 Formula 10: CD $29.95

See the HighChi pendants on page 18

SPECIAL OFFER Buy all 10 CDs and SAVE! #41120 5D Sound Set of 10 CDs $229.95

Increase Your Auric Field Six Times

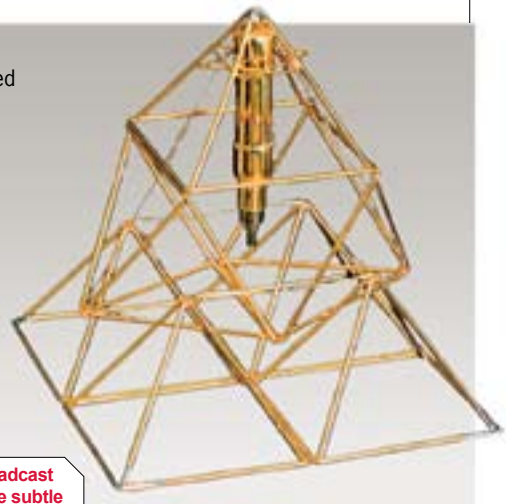
Pyramids have been recognized for thousands of years for their healing and restorative powers, and to deepen meditation. Sitting in front of the Pyramid Beamer balances your energy meridians and chakras to improve your health. 7 pyramids and 7 Beamers synergistically combine to create a system many times more powerful than a single Beamer. Spinning this system creates even more power. The effect of this powerful subtle energy system will be perceived rather quickly. Put it on a table to energize an entire room. In the kitchen, it will energize fruits and vegetables, making them last longer and taste better; it even improves the taste of your favorite wine.



A Beamer System Like No Other

Use it in the bedroom for enhanced lovemaking and for a peaceful and restorative sleep. Use it in the office to offset the negative effects from your computer and other electronics. Works quickly and silently. Nothing to plug in or turn on, and nothing to break. Quality construction throughout; gold plated.
16" high x 14" x 14"

#42765 Pyramid Beamer $1,299.95



Beamer products uniquely broadcast a broad range of high resonance subtle energy in the form of micro-current. The focus of the Beamer is to enhance and to assist in balancing the electrical aspect of ourselves. A major factor in the well-being of the body is the unimpeded flow of energy through its electrical systems, and if energy blockage is a problem, the Beamer can be very effective.
Beamers are free energy devices. They are called "free" because they do not need an outside source such as batteries or wires to make them work. A beam of energy emanates from the tip of the Beamer. Aim the tip at an object for a few seconds and the charge is virtually instantaneous. It is also effective for "beaming" food, beverages and supplements, enhancing meditation, clearing negativity and performing well as a non-invasive acupuncture device.

Fill Your Room with Subtle Energy

The Solarizer combines the energy of 7 pyramids, star geometry and a Beamer to focus higher energies. Hang the Solarizer Beamer in your kitchen to energize your food, or over your bed for a more restful and rejuvenating sleep. Hang in an office the Solarizer Beamer to balance your energy in the midst of long days at your computer. If you haven't experienced Beamer energy you are in for a treat.

#75063 Solarizer Beamer $254.95

more online MORE PRODUCTS MORE SPECIALS MORE INFORMATION www.ToolsForWellness.com

The Mystery and Magic of Shamballa

Within our DNA lies the mystery and magic of Shamballa. This esoteric CD provides you with profound frequency maps to harmonize your body temple and its surrounding energetic fields with this vast influx of loving energy. 61 minutes.

#41006 Shamballa: Journey Home $22.95

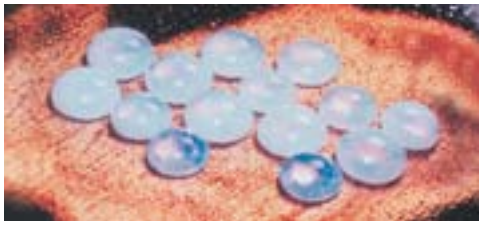
Balance Your Chakras, and Ground Your Manifestation

Expand your auric fields in preparation for attaining higher states of meditation. A continuous subtle vibrational will affect the physical body. The undulating modulations stretch and expand the etheric energy bodies. The music cycles through various themes, with undulating spiraling, swirling and rhythmic sounds. 2 CDs

#83185 The Odyssey Chakra Balancing Set $34.95

Boost Your Energy Field with Tachyon Energy Collectors

Proven highly effective in focusing Life Force Energy directly into the body, foods and plants. For pain, enhancing meditation, or increasing your athletic skills. Just tape them to your body.



Tachyonized Cells

#48149 ¼" Pack of 6 Opals $29.95

#48150 ¾" Pack of 1 Opal $9.95

Beam Energy into Your Body and Food

Beamers are our most popular and effective subtle energy devices. Several precious metals are plated to the beamer, making it more powerful! Make your food, supplements or drinks vibrate at a higher frequency and create "highly energized" food. The Beamer is filled with noble gases, that when excited, emit high vibration energy which can restructure the molecular bond between elements. The Beamer can be used:

- As an acupuncture tool to open meridians
- As a meditation tool
- To raise the resonance of the food you eat, making it easier to assimilate and digest. Enhances the taste of food and beverage, too.
- To reduce pain
- To help restore balance to the aura
- To help clear negative energy in the auric field
- To improve the overall energy of the room that you are in
- To increase the auric field of the person holding it by 60% or more.

7" long. ¾" diameter.

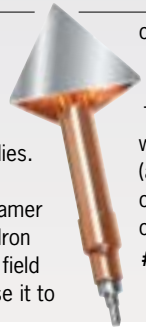
#46067 Beamer $119.95

A Super Beamer

Balance all of your meridians simultaneously. Just sit a few feet away, relax and let the Super Beamer energize and balance your whole body. Receive a complete body treatment in 10 to 20 minutes. 13" long, 1½" diameter.

#75294 Super Body Beamer $1,299.95

Clear and Balance Energy Fields



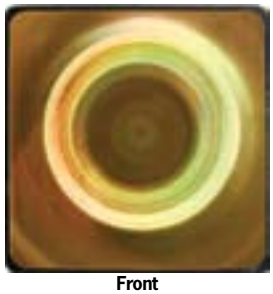
A major factor in our well being is the free flow of energy throughout our bodies. The Tetrahedron Beamer potentiates our regular Beamer by over 50%. The tetrahedron tunes and strengthens the field emitted by the Beamer. Use it to charge your food or water, "beam" your supplements or focus on the body to balance energy pathways. This all-purpose energy device is wonderful for enhancing meditation, (aim the Beamer at your third eye), clearing negative energy patterns, or charging your aura.

#63549 Tetrahedron Beamer $189.95

Transcend Life's Challenges

Every Transend product transmits a soothing energy that brightens and clears your energy system. This enables you to restructure your energy field toward a greater level of inner order and balance. Each card is made of a gold holographic grid, which is imprinted with an energetic program that interacts with your bio-energy fields. This effects us on both the mental and physical levels, for clear, positive focus and enhanced energy. The cards have been repeatedly confirmed effective via kinesiology and electrodiagnosis.

Transend Cards—Each card is tuned to improve a specific type of energy for you. They measure 2 x 2" to easily fit in your pocket. Generally, only one Transend card should be worn at a time. Blocker sleeve and carrying case included.



Front

Clears resistance to receiving positive change. Heart opening. Strengthens and balances.

#83100 Joy $44.95

Promotes prosperity, consciousness, optimism and increased confidence.

#83101 Prosperity $44.95

Establishes greater balance and acceptance. Amplifies the effects of other Transend Cards

#83102 Attunement $44.95

Back

Dissolves stress, anxiety, and negative thoughts for greater peace and serenity.

#83103 Serenity $44.95

Reduces fatigue and increases physical energy and mental alertness.

#83104 Vitalizer $44.95

Filters out the negative patterns of co-workers and clients. Also protects from harmful electromagnetic fields. Ideal for work environments and for jet lag during travel.

#83105 Protectoplex $44.95

Supports deep relaxation and regeneration through restful sleep.

#83106 Sound Sleep $44.95

Advanced Chakra Energy Practice

This is a "cross-cultural" training course on powerful chakra practices from ancient, shamanic, and modern sources. It takes listeners beyond the seven-chakra model and into exciting new territory, including:

- Chakras 8 through 12: the "exterior" chakras that exist in your aura
- The secrets of harnessing your intuition through the chakras
- Practical chakra exercises to enhance your health, relationships, and prosperity
- How to draw out the hidden spiritual gifts in the body's energy matrix

6 CDs, 6 hours

#83028 Advanced Chakra Wisdom $69.95

Get Rid of Noises that Cause Stress, Loss of Sleep and Lack of Privacy

This unit creates a consistent, smooth sound of rushing air. Tone and volume of the sound are regulated by simple controls. The remarkable "white noise" sound effectively masks unwanted noises and creates a sense of calm, making it easier to concentrate, relax and/or sleep.

This popular and very economical sound conditioner is widely used for restless sleepers and to overcome appliance noises and the constant din of air conditioners. With the widespread use of office cubicles, our sound conditioners are used to effectively mask conversations to allow for better concentration.

#63041 White Noise Machine 2 speed $56.95

See Page 55

All-Around Machine for Beginners

Easy-To-Use

Key features:

- 23 built-in programs
- AudioStrobe Multimedia

What We Like:

- Unique random session creates a different session every time it runs
- Manual control (0.1 to 30.0 Hz) of pulse rates to create precise stimulation protocols for personalized exploration
- Turns any sound source into a synchronized light show
- Terrific value and easy-to-use

Recommended For:

- Beginners
- Professionals to recommend to patients

Specifications: 4" x 3" x 1", battery-operated, 1 year warranty.

Includes: PureWhite™ white light glasses, headphones, patch cord, user's manual, carry case, AudioStrobe Multimedia, sample CD.

#42688 Sirius $99.00

Heart Rate Feature Promotes Deep Relaxation

Key Features:

- 36 built-in sessions
- Music modulation
- Connects to external music source

What We Like:

- Heart beat sound (to pace your breathing)
- Tru-Vu Omniscreen light glasses with 3 color therapy filters, and gentle on the eyes
- Small and light-weight

Recommended For:

- Those who want CES, also
- People who want to condition themselves with heart beat sounds

Specifications: 2½"x1"x3½", internal rechargeable battery, 1 year warranty.

Includes: control unit, Tru-Vu Omniscreen glasses, headphones, 9 volt battery, patch cord, user's manual.

#62146 DAVID Pal 36 $319.95

#62147 DAVID Pal 36-CES (same as above, with addition of CES and ear clip) $499.95

Very Advanced Machine with 100 Sessions

- 100 built-in sessions (stores an additional 100)
- AudioStrobe
- Connects to external music source
- Microphone jack
- 2-user system
- Lots of tone selections—8 (tone, surf, chords, binaural beats, binaural beats with surf, dual monaural binaural beats) with 6 octaves of pitch (16–960 Hz.)
- Manual mode (frequency range 0.25–42)

This is the top of the line light and sound machine, of professional quality with 100 easy-to-use relaxation, meditation, sleep, learning, energizing, visualization, entertainment and specialty sessions along with capacity for downloading 100 more sessions.

NovaPro 100 is AudioStrobe compatible. This is patented technology from the Tamas Laboratories in Germany. A brief description: Connect your CD player to the external input of the NovaPro 100, along with your glasses and headphones.

Specifications: 4" x 9" x 1", internal rechargeable battery, 1 year warranty.

Includes: control unit, light glasses, headphones, AC adapter, patch cord, programming software, computer cable, and user's manual.

#48603 Nova Pro 100 Specify TruWhite or Blue Glasses $439.95

#48603 Nova Pro 100 with ColorTrack Glasses $523.95

For Consciousness Exploration and Spellbinding Mental States

This nootropic formula is designed to promote a sense of tranquility and reduce mental and emotional distress. Users report vivid experiences with light and sound and other consciousness-boosting adventures, such as inner journeying, meditation, tantra, and deepened intuitive awareness. The blend of Kava Kava, Ginkgo Leaf, Passion Flower, Kola Nut, Bilberry, Schizandra berry, Chamomile Flower and a very fine variety of Korean Ginseng produce an unusual synergy. Contains no Ephedra. For adult use only and not to be used while driving or operating machinery. The spray bottle makes it easy to put 2-10 sprays under your tongue for exceptional absorption. Each bottle contains 30–50 doses.

#41063 Altered States 1 oz. $39.95

Buy 2 and SAVE! $34.95 each

For Self-Improvement – Performance – Learning – Relaxation – Rejuvenation

The MindSpa Personal Development System can effectively help adults and children sharpen and improve various aspects of mental performance through the safe, non-invasive use of auditory and visual stimulation. It has been designed so that it is particularly easy to use. Along with the 18 factory installed programs, you can get 15 advanced download programs and an additional 12 music selections. Optional: You will also be able to gain access to libraries developed by leading experts such as Dr. Ruth Olmstead and Dr. Richard Bandler..

Included with your MindSpa are remarkable broad spectrum CrystalWhite LED multi-purpose and CalmBlue glasses. Their proprietary peripheral design are the only 12-LED glasses available. By placing six lights per eye along the outside edge, powerful results are achieved. The overall brightness has been improved by 25%. The best part is that the multi-purpose glasses may be used with eyes OPEN or CLOSED. These glasses may be used for both deep relaxation benefits and for open-eye cognitive stimulation.

Included are the CrystalWhite glasses, CalmBlue glasses, high response audio headphones, carrying case, a free 12 song music library, and a 1 year warranty.

NEW FOR 2008! IF YOU WANT THE LATEST, EASIEST-TO-USE, MOST POWERFUL, ALL-IN-ONE LIGHT AND SOUND MACHINE, YOU SHOULD CONSIDER MindSpa.

#42008 MindSpa $349.95

Read About Light and Sound

"Must" reading for those serious about using light and sound. Learn about binaural beats, biofeedback applications, ADD, brain symmetry, memory and learning. Contains an impressive bibliography for advanced reading. 38 pages

#42555 Advanced Guide To Light and Sound $6.95

more online MORE PRODUCTS MORE SPECIALS MORE INFORMATION www.ToolsForWellness.com

A Superb Machine You Won't Outgrow This One Anytime Soon

Key Features:

- 64 built-in sessions (stores an additional 25)
- AudioStrobe Multimedia
- Connects to external music source

What We Like:

- Unique features: gradual on/off light pulses, can change the session time, random light flash setting
- Lots of tone selections: surf, chords, binaural beats, dual monaural binaural beats
- Manual control (frequency range 0.25–42)

Recommended For:

- Meditators
- Consciousness Explorers

Specifications: 6" x 4" x 1", battery-operated, 1 year warranty.

Includes: control unit, light glasses, headphones, patch cord, and user's manual

#81073 **InnerPulse with TruWhite or Blue Glasses. Please specify. $259.95**
#81073 **InnerPulse with ColorTrack glasses $349.95**
#63619 **110v Adapter $11.95**

Advanced Programming Allows for Creating Dynamic Sessions

Key Features:

- 50 built-in sessions (stores an additional 100)
- AudioStrobe Multimedia
- Random sessions
- Connects to external music source

What We Like:

- Unique features: advanced programming software, BiColor red/green light glasses,
- Manual control (frequency range (0.4–50)

Recommended For:

- Advanced Users
- Consciousness Explorers
- People who are adept at computer programming

Specifications: 4" x 3" x 1", battery-operated, 1 year warranty.

Includes: control unit, ruby/emerald light glasses, headphones, computer cable, patch cord, AudioStrobe sampler CD and user's manual.

#75044 **Proteus** **$159.00**

Dazzling Visuals with 50 Sessions

Key Features:

- 50 built-in sessions in several categories (relax, meditate, sleep, learn, energize, visualize, entertain, special, and random)
- Connects to external music source

What We Like:

- Gradual on/off light pulses, lights flash at different intervals, can be varied
- Very easy to use
- Dynamic "Light Weave" technology

Recommended For:

- Light and sound users who have become bored with their current machine
- Consciousness Explorers

Specifications: 6" x 4" x 1", internal battery, 1 year warranty.

Includes: control unit, light glasses, headphones, batteries, patch cord, and user's manual.

#42048 **Luma 10 with TruWhite or Blue Glasses. Please specify. $229.95**
#42048 **Luma 10 with ColorTrack glasses $312.95**
#63619 **110v Adapter** **$11.95**

Full Spectrum Advanced Light & Sound Synthesizer

A melding of color choices with clean, pure digital sound. The resulting new mediaform can be used to modulate states of consciousness in rich new ways. Its state-of-the-art color synthesis elements can modulate smoothly between fields of pure color (ganzfeld), through subtle shimmering effects, to full-on flicker frequency range up to 75 Hz. Each color channel (red, green, and blue) is independently programmable, allowing up to three simultaneous stimulation frequencies at once. It also can precisely synchronize audio material on a CD or MP3 with a Procyon program.

- 255 shades of each color (red, green, blue)
- Complex, multiple visual effects and waveforms
- Frequency range: 0.1 to 75.0 Hz
- Large flash memory storage
- Each color channel is independently programmable
- Digital audio interface
- Can be controlled by a PC or other devices with its USB interface
- Programmable and expandable

Includes: Control unit, GanzFrames color glasses, headphones, USB cable, carry case, manual, free programming software via download, and one year warranty.

#46081 **Procyon $269.95**

Light Brightness of Our Machines

The TOOLS FOR WELLNESS Brightness Factor helps you gauge the brightness of our light glasses, from dim (1), to bright (5). Brighter light glasses promote and enhance a fuller spectrum of colors, and generally create a more spectacular and vivid visual experience (with eyes closed).

FREE To Purchasers Of Light And Sound Machines

Written by a long-time user, we provide a booklet that helps you to maximize your enjoyment while avoiding commonly-made mistakes. Booklet shipped FREE with orders of all light and sound machines.

Brainwave Chart

Brainwaves range from fast to slow (approximately 0.5 to 40 Hertz, or cycles per second)

Brainwaves	Active State	Passive State
(frequency– c/s)	(when Rested)	(When Stressed)
Beta 13+ c/s	Concentration	Alert
Alpha 8–12 c/s	Learning-recall	Day Dreaming
Theta 5–7	Lucid visualization	Dreaming
Delta 0.5–4 c/s	Clearing	Deep Sleep

Guide To Light and Sound Machines

Unit	Price	Description	Built-in Audio Strobe	Can Be Customized	Compact Size
Sirius	$99.00	Beginner's Unit			X
Luma 10	$229.95	Beginner's Unit			X
Proteus	$159.00	Intermediate Unit	X	X	X
Procyon	$269.95	Advanced Programs	X	X	X
InnerPulse	$259.95	Advanced Features	X	X	X
DAVID Pal 36	$299.95	Advanced Features			X
MindSpa	$349.95	Advanced Features	X	X	X
Nova Pro 100	$439.95	Advanced Features	X	X	

Superb Sound Technology From Germany

Samonas sound technology is a cut above everything else we've heard, because it combines the science of sound with the proven theories of music therapy. This concept employs a whole new school of auditory training, producing benefits in areas such as learning, listening, hearing, balancing, attention, memory and relaxation. Features unprecedented technology, engineering, recording techniques and pure aesthetic listening quality.

- The recordings are captured in various locations from waterfalls to ancient cathedrals to provide the listening experience in diverse spaces.
- Particular musical compositions and instrumentation have proven to be excellent tools for overcoming physical, emotional and cognitive challenges
- Harmonics are accentuated to spark interest for the auditory system
- In some recordings, slight weighting is applied to provide the right ear (quickest pathway to the language center of the brain) a stronger dose of music and sound.

Focus

For people who need to improve their ability to concentrate, stay focused, be more alert and for those who are learning challenged.

Features guitar and piano music. The recording is right ear-weighted-so as to stimulate the left hemisphere of the brain and thereby activate the logical domain.

#63448 Carulli Duos CD $59.95

Very lively music recorded in a northern Spanish cathedral which enriches the sound of this orchestration.

#46029 Live In Catalunya $59.95

Light and often cheerful, this CD has frequently been used for those with learning disabilities. Particularly suitable for younger children.

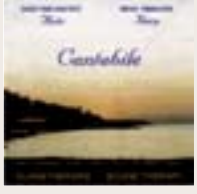
#63449 Mozart and Contemporaries $59.95

Energizing & Creativity

These CDs use light and cheerful music to uplift your mood and enhance your creative energy.

Guitar trio embracing Jazz, Classic and Flamenco. An uplifting adventure. Evokes different moods: light-hearted, buoyancy, intensity and flaming energy that entices relaxation, inspiration and new ideas.

#63442 Cadaques Night $59.95



Magical impressions on the flute and harp radiate warmth, energy, happiness and contentment. Particularly good for lifting the spirit of both body and soul; encourages peace and harmony in a stressful life and turns negative thoughts and moods into happiness.

#63446 Cantabile $59.95

Performed in an old Spanish cathedral that has superb acoustics. The melodies and the dancing rhythms are perfectly proportioned in an intellectually and emotionally balanced structure.

#42045 Queen of the Night $48.95

General Relaxation

These CDs help you to calm down from emotional upset and relieve the tension of the day.

Flute, harp and cello; a very definite healing and calming effect. Slightly right ear-weighted.

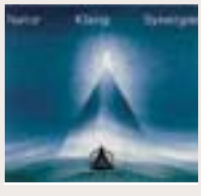
#63447 Classic $59.95

Encompasses feelings of security, fulfillment and relaxation.

#63445 Nocturne $59.95

Deep Relaxation

These CDs use natural sounds to take you down to "very deep" states of rest and relaxation, even meditation.



The natural circulation of water is combined with pure tones of music played on natural instruments. The level of deep relaxation produced here lies in the creative Alpha and Theta domains. Altered states of consciousness have also been experienced in addition to deep relaxation.

#46030 Mystery of Water $68.95

Natural sounds of bird song at dawn and dusk. The deeply relaxing sounds were developed through a time space transformation of natural sounds. Takes you deeper into Theta and the Delta and is suitable for super-learning.

#46031 Alpha and Omega $68.95

Peaceful pulsating of two seas in the evening, conveys the tranquility of nature. The vibrating tone of a Tibetan sound bowl is heard. The listener is led into deep relaxation. Particularly suitable for those who do not want distracting influences.

#46032 Nature-Sound-Synergy $68.95

OPEN 24/7
ToolsForWellness.com

Sound Therapy Tones

This is a brainwave entrainment CD set of 12 frequencies (C, C#, D, D#, E, F, F#, G, G#, A, A#, B). Each frequency is composed of three octaves of all vocal harmonics and overtones and is sustained for 15 minutes each. No synthesizers or tone generators were used. There is a description of what each of the 12 frequencies target on a physical and emotional level and also gives instructions for how the listener may select the best frequency for themselves for that particular moment or day. Included is a booklet that contains a powerfully effective toning release exercise. The CDs do not feature musical chords, lyrics or embellishments of any kind. Wayne Perry uses this set with his private clients to assist in bringing them back into vibrational alignment and resonance. 4 CDs and booklet.

#62151 Sound Therapy Tones $149.95

Guided Visualization and Healing Meditation

For healing and clearing the chakras. The four tracks are from the Tibetan Buddhist tradition, but are formatted and phrased to be used by anyone. The CD case acts as a healing mandala to empower medicines and supplements for blessing and empowering.

#83155 Guided Visualization And Healing Meditation $18.95

Treatment for Physical and Emotional Trauma

If you suffer from physical injury, pain or mental anguish… the mind-body-spirit collapses into a heightened condition of tension and stress. This CD program, by Brian Paulson, works by reducing the rigidity in the body which affects breathing, blood pressure, muscle stiffness and mental confusion. The method used is entrainment and resonance. 32 minutes.

#42741 Deep Release $16.95

more online MORE PRODUCTS MORE SPECIALS MORE INFORMATION www.ToolsForWellness.com

Practice Self-Healing Therapies For Overall Wellness

Patricia Joudry

Highly Filtered Classical Music that Heals Your Body and Balances Your Mind

Dr. Alfred Tomatis was a pioneer in the study of the effects of occupational noise and that listening problems are the root cause of many learning problems. His work served as the foundation for the development of these SOUND THERAPY programs by Dr. Patricia Joudry and continued by her daughter, Rafaele Joudry. The basic premise is that almost everyone exposed to industrial and city noise or loud music gradually begins to lose hearing in the higher frequency range, the frequencies that energize the brain. These programs help conditions such as stress and anxiety, poor sleep, fatigue, ADHD, tinnitus, Meniere's, schizophrenia, epilepsy, stuttering, dyslexia, behavioral problems, and much more. They allow high frequencies to reach the brain, creating a constant cycle of improvement.

Level 1: Basic Kit

This is the introductory kit for this remarkable technology. It makes it possible for listeners using this program at home in their own time to experience the full benefits and

support that would be offered through clinical treatment. Answers to FAQs, what to expect, what others have experienced, how to get the best results, expert lectures, live user testimonials, clinical results and a self-assessment program. The activation and filtering of the music produces a powerful therapeutic program for the ear and brain, with outstanding results. It is a very complete, professional and powerful therapeutic program. You should start with this kit before proceeding to Levels 2, 3, 4, and 6, found elsewhere on this page.

You receive the filtered listening program of four 90 minute music CDs (with ascending frequencies), the Self-Help Listener's Workbook consisting of 2 DVDs and numerous support materials. This CD program uses digital sound for the final playback stage. However, the entire recording, mastering, activation and filtering processes are still carried out on analog sound, using reel to reel tape in a full analog studio.

#62527 Sound Therapy Basic Kit $399.95

Level 2: Full Spectrum Kit

Designed to further enhance the ear and brain improvements initiated by the Basic Kit (#62527). It combines whole, unadulterated classical music with another band of quiet, highly filtered (10 KHz) SOUND THERAPY music. Contains: 4 CDs, Sound Therapy CDs, Full Spectrum Self-Help Listeners Workbook and Training Course.

#21468 Sound Therapy Full Spectrum Kit $399.95

Level 3: Hearing & Tinnitus Kit

This advanced kit is designed to further enhance the hearing improvement initiated by the Basic Kit. It combines a range of instruments and filtering styles to activate and soothe the ear. Includes a Sound Therapy Self Help Listeners Workbook and Training Course for Hearing Issues. Set of four 90 minute CDs designed specifically to improve ear function.

#33807 Hearing & Tinnitus Kit $399.95

Level 4: Emotional Balance

A selection of music to bring resolution of the emotions. Draws out those who have been through difficult experiences and can also help in the final stages of the healing process. 4 90 minute cassettes.

#33808 Emotional Balance $399.95

(There is no Level 5)

Level 6: Ultimate Energy

Aids in motivation, organization, mental faculties and maximum brain stimulation for peak performance. Stimulates energy. Set of four 90 minute tapes, The Sound Therapy Self Help Listeners Workbook and Training Course For Ultimate Energy.

#33809 Ultimate Energy $399.95

The Story Behind Sound Therapy Tapes

Patricia Joudry's story will inspire anyone who has suffered a noise-related problem. This 11th edition is fully updated with the latest documented results for: tinnitus (ringing in the ears), chronic fatigue, insomnia, stress, anxiety, hearing loss, sound sensitivity, dizziness, Meniere's disease, travel sickness, jet lag, ADD, memory, and concentration. 205 pages.

#51011 Sound Therapy: Music To Recharge Your Brain $22.95

"Triumph Over Tinnitus" book by Rafaele Joudry. Order #49601 $22.95

Additional information on these products can be found on our website.

Secrets to Healing with Sound and Toning

This four volume instructional CD set contains six hours of step-by-step vibrational healing secrets, tools and techniques for healing yourself with sound and toning. Excellent for beginners as well as those well versed in sound therapy, it's like taking a workshop in your own home. Titles of the four CDs are:

- The Ultimate Healing Instrument: The Human Voice
- The Secrets Of Vocal Overtoning
- Sonic Meditation And The Healing Sanctuary
- Sound Relationships

Wayne Perry is a sound therapist and vibrational healer; his specialty is using the profound therapeutic capabilities of the human voice. He has facilitated the healing of himself and more than 1,000 others. He is a heart-centered and captivating educator who strives to combine concise and informative instruction with a little laughter and fun.

#62150 Secrets To Healing With Sound And Toning $64.95

Cancer Support

Developed by The Monroe Institute to help you strengthen your mind-body connection and access inner resources to boost your immune system. The four CDs contain:

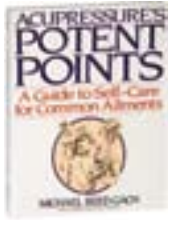
- Chemotherapy Companion: Supports a positive outcome for your chemotherapy
- Radiation Companion: Supports a positive outcome for your radiation treatments
- Journey Through The T-Cells: Strengthens and maintains your immune system
- Sleeping Through The Rain: Journey from deep relaxation into natural refreshing sleep

#51090 Cancer Support Series 4 CDs $59.95

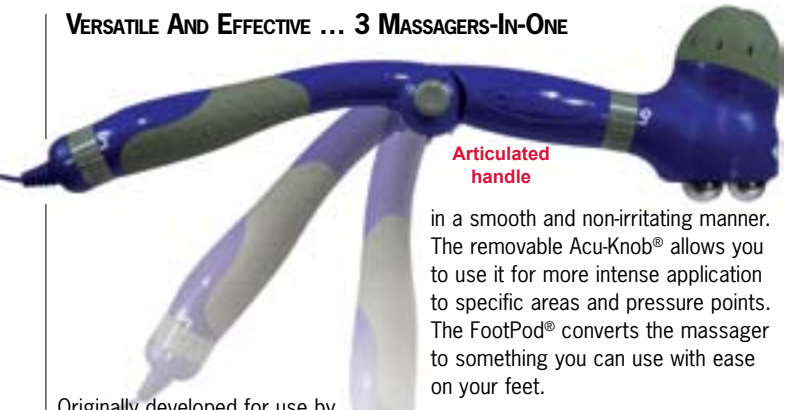
Guide to Acupressure Self-Care

Hands-on self-help techniques for relieving common ailments with over 500 illustrations and photos. 251 pages.

#83145 Acupressure Potent Points $20.00



Versatile And Effective ... 3 Massagers-In-One



Originally developed for use by chiropractors, physical therapists, massage therapists, professional athletes' trainers, the Magnassager® is now used in over 100,000 homes in the United States and sold in many foreign countries.

- Alleviates fatigue, soreness and muscle spasms
- Reduces inflammation and swelling
- Increases blood flow
- Relaxes tight muscles
- Facilitates the healing process
- Increases flexibility of muscle tissue
- Relaxes the mind as well as the body
- Invigorates the skin and sore muscles
- Soothes and relaxes tired and sore feet

With or without the removable handle, it can be used to massage yourself or a partner. The arm of the machine is fully articulated, allowing you to reach all parts of the body. Use it to enhance a romantic mood, warm up for a workout, or to provide a deep muscle massage after athletic events. It also simulates the actual kneading technique of a professional massage in a smooth and non-irritating manner. The removable Acu-Knob® allows you to use it for more intense application to specific areas and pressure points. The FootPod® converts the massager to something you can use with ease on your feet.

Another innovative and patented feature is the natural permanent magnet, which suspends the massage balls in place ... providing for a frictionless, smooth massage action. The balls rotate at an adjustable speed to provide a slow, wonderfully deep muscle massage aimed at "untying" muscle knots and relieving deep muscle tension. It can also be used as a fast, superficial and invigorating skin massage. The massager's RPM (revolution per minute of the balls) was designed to work rhythmically with the full range of the heart beat.

Use with the detachable Acu-Knob

This unique massager uses a 1,000 gauss permanent magnet and places the North Pole (negative polarity) toward the body. This is a pure magnetic field similar to the natural magnetic fields generated by the earth. The strength of the magnetic field decreases to 20 gauss between each stainless steel ball. This is meant to create a variable magnetic field that shifts as the balls circle over the natural magnet ... creating a pulsating effect. The direct mechanical effect of a rhythmically applied pressure can dramatically increase the rate of blood flow. **Isn't this what healing, performance and stress reduction is all about?**

Use all over the body

Don't confuse this massager with the many other devices on the market. The components used here are industrial grade and of professional quality. The many features are well thought-out and will provide you with excellent results for many years.

You receive the Magnassager, the detachable handle, Acu-Knob, FootPod, travel bag, full color poster with anatomy, acupressure, and reflexology charts.

#46055 Magnassager $99.00

Invigorates and relaxes tired feet

Mikio Sankey, Ph.D., L.Ac.

Esoteric Acupuncture

Books That Will Inspire All Who Are Interested In A Melding Of Ancient and Modern Approaches

Esoteric Acupuncture

An amazing confluence of acupuncture, sacred geometry and the Qabbalistic Tree of Life. Enables you to accelerate your spiritual advancement. A very powerful tool for accelerating your own evolution, sense of purpose and a deep sense of peace and oneness with the Self using specific sequences of acupuncture points for profound shifts in consciousness. 432 pages.

#71005 Esoteric Acupuncture $24.95

Discern the Whisper

Volume II contains expanded acupuncture concepts, new information for non-acupuncturists, additional new encoding patterns. 397 pages

#81068 Discern The Whisper $24.95

Workbook

This Workbook is designed for energy healers and the myriad of people who purchased the first two books by Mikio Sankey. Easy-to-use diagrams. 110 pages.

#42052 Climbing Jacob's Ladder $24.95

Sea of Fire–Cosmic Fire

Volume 4 of Dr. Sankey's series. It further expands the material presented in the earlier volumes. 307 pages

#45723 Sea Of Fire—Cosmic Fire $24.95

Nutrition For Higher Consciousness

The 5th book in the series. Ties in the physical body to the higher planes of consciousness discussed in Dr. Sankey's first four books. "Support The Mountain" refers to root chakra activities, which include our daily survival and choice of foods. The higher aspect of the book refers to eating to raise your inner vibrations to a higher plane of consciousness.

Contents include: energetics, the physical properties of various biochemical elements, such as potassium, magnesium, calcium and others and interconnects this to our physical body, enzymes, probiotics, iron foods, sodium foods, iodine foods and others. Dr. Sankey has interwoven the concepts of Naturopathy with the Chinese Five Element theory and Chinese medical concepts into a new and usable format for the Age of Aquarius.

There is a discussion on how "Support The Mountain" refers to connecting our Brahmarandra Chakra to open into our Guru Chakra and Shasrara (Crown Chakra). There is also one New Encoding Acupuncture Pattern called The Crystalline Grid Pattern. Another very provocative book, the main focus of which is on choices of foods to best support moving into higher planes of consciousness. Available in Summer, 2008.

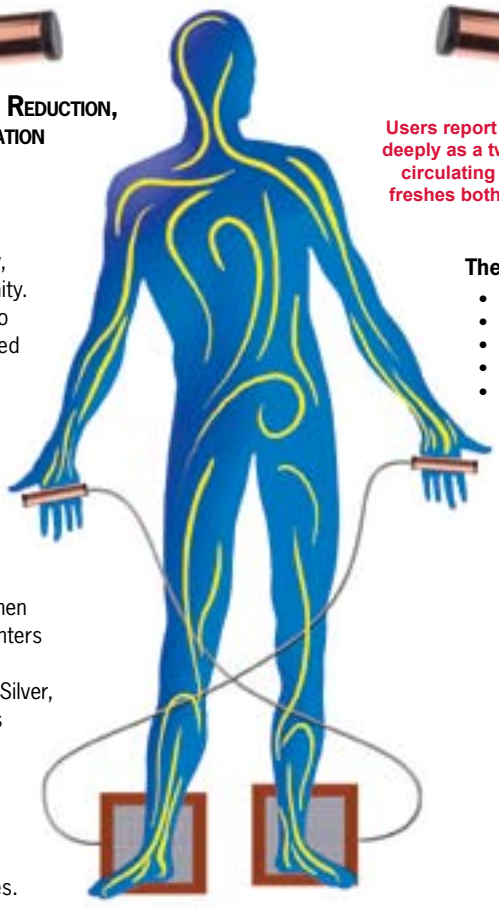
#83193 Support The Mountain $24.95

more online MORE PRODUCTS MORE SPECIALS MORE INFORMATION www.ToolsForWellness.com

For Self-Healing, Stress Reduction, Mental Creativity, Meditation and Relaxation

BioCircuits produce gentle powerful waves of energy that move through your body, producing a marvelous serenity. And, best of all, it requires no batteries and no wires plugged into an electrical outlet.

What are they and how do they work? They facilitate the flow of subtle bodily energy. There are two handles attached to screens. Hold the handles in each hand and put the screens under each ankle. When the body's primary energy centers are directly connected with a conductive material (Copper, Silver, or Silk), energy flow becomes greatly intensified, leading to increased vitality and peacefulness, furthering healing, effortless relaxation, and the relief of stress. 15–30 minutes a day is all it takes.



BIOCIRCUITS

How It Works:
Users report that simply lying on a BioCircuit for thirty minutes refreshes them as deeply as a two hour nap. BioCircuits work by externally linking key energy centers, circulating and balancing the body's natural energy. This deeply releases and refreshes both the body and the mind. It's that simple, with no electrical power source and no batteries required.

The Copper and Silver BioCircuits contain:

- Two (Copper or Silver) handles attached to two (Copper or Silver) screens
- "The Science of BioCircuits" booklet
- Neck to base of spine segment with two (Copper or Silver) screens
- Instructional cassette and booklet
- Carrying pouch

Relax with Copper

Superb Conductivity, Good Choice For Beginners

Excellent for a first experience. For relaxing, falling asleep, jet lag and power naps. Contains: components as listed above.

#46053 Copper BioCircuit $134.95

The kit contains: Copper BioCircuit plus a reservoir bottle (for adding ingredients to your energy circuit) and two additional Copper screens.

#75098 Copper BioCircuit Kit $154.95

Energize with Silver

The Strongest Produces A Constant Energy Flow For A Great Energy Boost

Silver is one of the most powerful conductors. It is used to stay mentally alert, produce more spontaneous creativity, and enhance visualization. Contains: components as listed above plus two foot straps.

#46054 Silver BioCircuit $234.95

The kit contains: Silver BioCircuit Basic plus a reservoir bottle (for adding ingredients to your energy circuit) and two additional Silver screens.

#75099 Silver BioCircuit Kit $254.95

If you are under any medical treatment, consult your doctor before using this product.

Transform Body, Mind and Spirit in Self, Culture and Nature

Here is a highly flexible system for working on your physical health, spiritual awareness, emotional balance, mental clarity, relational joy, and energy level within a framework where everything fits together… where YOU finally make sense, because no important part of you is left out. This very comprehensive and well thought-out series of programs lets you choose what to work on and how to work on it, according to your lifestyles and needs.

- The 3-Body Workout is a daily practice that integrates strength training, subtle energy practice and feeling to infinity.
- The Big Mind Meditation gives you a profound experience, integrating Zen and Western psychology.
- 3-2-1 Process reveals your hidden or "shadow" aspects of yourself
- Provides mental clarity with the AQAL Framework, a map of human awareness.

Rather than focus on merely one aspect of the self, INTEGRAL LIFE PRACTICE brings a whole and balanced approach to realizing the full spectrum of your being. For those willing to make a serious commitment to wellness through body-mind-spirit cross training. The kit also teaches a series of 1-Minute Modules, for those pressed for time. Written by some outstanding scholars and practitioners, such as Ken Wilber, Terry Patten and others.

Contains: 5 DVDs, 2 CDs, 3 booklets and a poster.

#83158 Integral Life Practice $199.00

This approach in the art of human development is based on over 30 years of research by hundreds of scholars in dozens of disciplines… and drawing upon centuries of wisdom, East and West, this is a highly flexible system that lets you choose what to work on and how to work on it, according to your lifestyle and needs.

Can Energies For Healing The Body Be Found Within The Mind?

Advances in integrative medical care have made the power of positive intent one of the hottest topics. Dr. Jeanne Achterberg, a transpersonal psychologist, offers a full-length audio program that provides definitive research and practical guidance on how our inner resources can profoundly benefit those in need of medical attention.

- Distant healing, prayer and energy healing – the transference of positive spiritual energy from one person to another
- Transpersonal imagery – how visual and audio images evoked in the brain unlock healing responses within the body
- Self-intentional healing – how to focus positive intent inward for better health

6 CDs, 6 hours

#83027 Intentional Healing $69.95

Practice Self-Healing Therapies For Overall Wellness

Magnetic Therapy Using a 5,000 Year-Old Chinese Technique

Originally developed in China, acupuncture is now used by doctors in every major country. All of the key points of the human body can be accessed from points on the palm of your hand. Aculife sends a magnetic pulse on your palm to the corresponding area in your body, which helps unclog micro-energy pathways and improve blood circulation to help strengthen the immune system, allowing the body to better fight illness. Stimulate areas such as the heart, lungs, spine, liver, colon, bladder, intestines, an aching back, and stiff muscles. Aculife is compact and lightweight enough to be taken virtually anywhere. You get: Aculife Magnetic Wave Therapist, guide book with hand chart, AC Adaptor, Clip Holder, Magnetic Wave Pointer with ear plug, and instruction DVD.

Exclusive Offer From Tools For Wellness

After your order ships, a 99 page booklet will be sent to you via e-mail. It is a $25 value and it is FREE. This book introduces the reader to the principles of electro-magnetic acupuncture and provides an explanation for the range of different sensations felt in the hand. The book shows you how to use Aculife for over 50 conditions with illustrated maps of the hand. This book is available FREE only from us and only in pdf format.

#42509 Aculife Magnetic Wave Therapist $299.95

Accessories are available online.

Good Results Reported For:

- Back & Muscle Pain
- Arthritis & Rheumatism
- Carpal Tunnel Syndrome
- Chronic Fatigue
- Neck & Shoulder Pain
- Sprains & Sports Injuries
- Tendonitis
- Headaches
- Blood Pressure
- Sexual Dysfunction
- Menstrual Cramps
- Depression
- Insomnia
- Trauma Rehabilitation
- Stress & Anxiety
- Asthma

Tuning Fork Set

This set contains a full octave of tuning forks. When played together they create a series of overtones to help you relax and center yourself. Each interval relates to a different state of consciousness. Based on the work of Pythagoras, recognized as the world's first researcher to combine the science of sound with mathematics. Instructions and carrying pouch are included. Full octave: 256–512 Hz.

#46048 Solar Harmonic Spectrum™ Kit $159.95

Energy Tuners

A set of three different high pitch tuners that are easy to use because they are lighter than the larger fork. High pitches have a more energizing effect on the brain than the lower pitch forks. 4225, 4096 and 4160 Hz. Pouch included.

#46046 Angel Tuners $52.95

Earth Resonant Sound

Low frequency for bones and ligaments. Based on the 7.83 Hz earth resonant frequency, or Schumann Resonance. Effective for grounding and deep relaxation.

#46045 Otto Tuning Fork 128 Hz $41.95
#42756 Otto Tuning Fork 64 Hz $41.95
#42757 Otto Tuning Fork 32 Hz $41.95

SPECIAL: Buy all 3 Otto Tuning Forks and SAVE! Order #42758 $119.95

DNA Tuning Forks

These tuning forks (D and A) maintain the sacred ratio of 8:13 (phi). This interval is not usually found in contemporary music; it is found in nature and living organisms. Their tuning forks represent an outer spiral of the fibonacci series, where people seem to journey when they hear the sounds of this pair struck together. 288 (D) and 468 (A) Hz.

#71064 DNA Tuning Forks $49.95

Fibonacci Tuning Forks

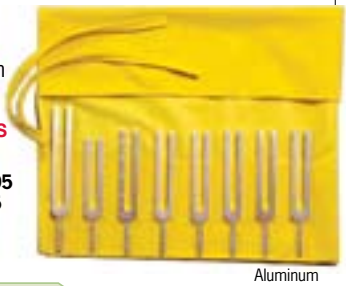
The Fibonacci Tuners are a sound tool that work with balancing the nervous system and altered states of consciousness to increase creativity and help in healing trauma and addictions. When we listen to these tuners, like children putting a seashell to their ear, we naturally seek out alternate realities within the sound. The Fibonacci Tuners create a bridge between these realities which can promote a healing response. The 8 tuners that you will receive are labeled by ratios based on the Fibonacci numbering series which starts at 1.

If you already own our Solar Harmonic Spectrum Kit (#46048), we suggest you purchase the Fibonacci Upgrade Kit, which consists of 4 tuners and a pouch.

If you wish to start from the beginning with a complete set of tuners, you should purchase Fibonacci Tuning Fork Set, which consists of 8 tuners and a pouch.

More information about TUNING FORKS can be found on our website.

#83160 Fibonacci Tuning Fork Set $169.95
#83161 Fibonacci Upgrade Kit $89.95



more online MORE PRODUCTS MORE SPECIALS MORE INFORMATION www.ToolsForWellness.com

Aluminum Tuning Forks are the preferred material for forks in terms of clarity of the sound, tone, and cost. They sustain longer pure tones as well as ring sustained overtones.

Ohm Tuning Forks carry the frequency of 136.10 Hz, the most powerful of vibrations.

They work like kinetic energy to remove disharmony and tension from the body. Disharmony, manifested by stress, muscle soreness, and fatigue create blockages to your natural energy flow. Tuning forks work by drawing the vibration of Ohm into the body, negating the source of disharmony, thereby reducing stress and assisting with meditation.

Aluminum

Ohm Tuning Fork Octave Set

The Ohm Octave is a beautiful and healing musical interval, connecting us with the Earth and furthering our understanding of Ohm. Set consists of the Mid-Ohm (136.1 Hz) and the Low-Ohm (68.05 Hz) tuning forks, Activator, overview of sound healing, plus information on octaves and overtones, plus instructional booklet.

#43107 Ohm Tuning Fork Octave Set $99.95

Mid-Ohm Tuning Fork Kit

Widely considered the classic Ohm frequency (136.10 Hz) and in the middle range. This is an excellent place to begin for those interested in sound healing. Includes: tuning fork, Activator, sound healing booklet and instructions.

Aluminum

#43106 Mid-Ohm Tuning Fork Kit $49.95

Tuning Fork Activator

Use this rubber Activator as a surface to gently strike the weighted end of the tuning fork to "activate" vibration. Works well with all tuning forks, weighted and unweighted. 2½" wide x 1½" high.

#43110 Tuning Fork Activator $14.95

This model enables you to attach the Activator to your leg, allowing for hands-free use.

#43125 Mobile Activator with Leg Strap $38.95

Low-Ohm Tuning Fork

The Low-Ohm Tuning Fork has a deep and earthy reverberating quality with overtones when activated, and is an excellent choice for working on the body, as it is particularly grounding. Use alone or with the Mid-Ohm Tuning Fork to create an Ohm Octave, a beautiful music interval. 68.05 Hz. Made from space grade aluminum

Aluminum

#43109 Low-Ohm Tuning Fork $49.95

High-Ohm Tuning Fork Set

Ideal for use in the energetic field around the body, and for clearing and resetting the energy of a room. Creates a sound wave that is soothing and therapeutic and can help restore balance. Contains two aluminum forks (272.2 Hz and 544.4 Hz) plus instructions.

Aluminum

#43124 High-Ohm Tuning Fork Set $79.95

Crystal Tuner

The Crystal Tuner amplifies the healing power of crystals through sonic vibration, creating a bridge between heaven and earth. It is useful in dream work, spiritual work and physical work with the cranial rhythms. 4". 4096 Hz. Included in Angel Tuners Set #46046

Aluminum

#71065 Crystal Tuner $22.95

Starter Set of Two Tuners

Two forks sound the interval of a fifth–the most important interval for relaxation, centering and aligning the body's energies. Contains: 256 Hz and 384 Hz, (C & G), plus instructions and carrying bag. Included in Harmonic Spectrum Kit.

Aluminum

#46047 Body Tuners™ $49.95

BioSonic Brain Tuner Set

Brain Tuners are based on brainwave studies using electroencephalography (EEG) technology to map different states of consciousness known as Delta, Theta, Alpha, and Beta. When the Brain Tuners are simultaneously sounded (one in the left ear; the other in the right ear) the two hemispheres of the brain function together to integrate the two sounds, creating a third, different tone called the binaural beat. Set of 5 tuning forks (256, 259, 262, 267, 271 Hz) and a wooden stand.

#99863 BioSonic Tuning Fork Set $99.95

Aluminum

A Tuning Fork Primer

This laminated, double sided chart demonstrates 14 useful applications for self-treatment and for treating of others. 11" x 17".

#43112 Tuning Fork Instructional Chart $14.95

Aluminum

Complete Tuning Fork Kit

Contains: Solar Harmonic Spectrum Kit, Calendula CD, the John Beaulieu video and the John Beaulieu book "Music and Sound in the Healing Arts."

#46049 Complete Tuning Fork Kit $189.95

Use the Entire Harmonic Spectrum for Healing

The Solar Harmonic Spectrum was used to create a healing sonic journey in which the notes of each Pythagorean interval move from the right ear to the left and back to balance the left and right brain hemispheres. Includes 20 page booklet

#46050 Calendula CD $18.95

Musical Compositions Created in the Ohm Frequency

Harmonizes beautifully with Ohm Tuning Forks. Listening to these CDs and the tuning forks together produce a harmonic or "stereo effect." While listening to the CD, place the forks on your body in specific places where there is tightness to relax the tension. Developed by an accomplished musician and sound healer. Each CD is approximately 50 minutes.

#43104 There's No Place Like Ohm CD Vol. I $16.95
#43105 There's No Place Like Ohm CD Vol. II $17.95

Tuning forks balance your body, nervous system, muscles and organs. By tapping the tuning forks, you generate true sine wave patterns based on precise mathematical proportions. This is known as Pythagorean tuning.

How Colored Light Heals

Light and color have been used throughout time for healing. Shining different colors into the eyes activate photoreceptors in the retina and trigger the release of neurotransmitters causing mood elevation. Shining light on the skin activates the natural healing process because the skin cells absorb the energy from the light, causing increased circulation. Beneficial effects of colored light on pain, headaches, wound healing, and inflammation have also been widely reported.

LED Light Therapy Combined with Healthy Frequencies

LightWorks offers the benefits of LED light combined with healthy frequencies. These frequencies gently stimulate the *body electric* for energy, general health and well-being. A built-in timer automatically cycles through seven healthy frequencies or individual settings can be chosen. Red or Near-Infrared light can be applied by placing the paddle anywhere on the body. Controls enable you to customize pulsed or non-pulsed light, intensity, and frequencies. Lightweight and compact. AC operation; an international adapter is included. Carrying case included. Professionally designed and quality-built. 3 year warranty.

#62522 LightWorks $299.95

See What Color Therapy Eyewear Can Do for You

Just decide what mood you would like to create, and put on the corresponding color eye glasses. It's that easy. The glasses are lightweight with comfortable frames and acrylic lenses that block 95% UVB and 60% UVA rays.

Our set of 9 colors includes: Violet: for relaxation, spiritual growth; Indigo: for eye, ear and nasal problems, clearing your mind; Blue: for creative expression, clear communication; Green: for over stimulation, calming; Yellow: for depression, desire, nerve builder; Orange: for sexual energy, releasing unwanted habits; Red: for vitality, loss of strength; Aqua: joy, love, communication; Magenta: for uplifting mood.

#72083 Color Therapy Eyewear® Set of 9 Colors $119.95

Healing Colors

Color therapy and chakra therapy are techniques of restoring balance to the body through the use of color. Each color has a specific vibration that affects human cells. These energy fields can be seen by energy field imaging, which allows us to obtain color graphic images of the energy field in and around the body. This DVD shows where each chakra is located in the body and also incorporates the color associated with each chakra. Individual color therapy allows you to concentrate on specific energy fields that need additional attention and harmonizing. Included is an easy-to-follow, informative color and chakra guide.

#99859 Healing Colors Color Therapy DVD $24.95

Revised Edition Has EMF Protection!

Healing Colors DVD contains embedded frequencies that may help protect the human body from EMF radiation. It takes, on average, only 7 minutes of watching Healing Colors for the person's energy fields to become harmonized and resistant to the detrimental effects of EMF.

Included is an easy-to-follow, informative color and chakra guide. DVD plays on a continuous loop for endless enjoyment!

Encyclopedia of Light Therapy

From Darius Dinsah, a researcher and practitioner of color therapy. Includes instructions on how to use specific frequencies of colors for therapeutic benefit. 138 pages, 9th printing. Revised 2007

#46043 Let There Be Light $19.95

Learn How Color Therapy Can Be Used to Re-balance Deficiencies in Your Life

This excellent 50 minute DVD includes:

- Origin of color therapy
- Healing properties of various colors
- A session with a color therapist
- Methods for applying colors
- Use of color therapy for various ailments

#43101 Color of Healing $29.95

Locate Acupuncture And Trigger Points

The Pointer Plus Excel features a built-in LCD digital display meter for location of acupuncture and trigger points. Frequency is adjustable (1 to 16 Hz) and is also displayed on the LCD digital display when the stimulation button is pressed. There's a polarity reversal switch which offers the option of energizing or sedating. A flashing light and sound indicates when point detection is made. Two probe tips are included plus a carrying case and instructions.

#42022 Pointer Plus Excel $149.95

Should be used on the advice or supervision of a healthcare professional. You should be familiar with micro current therapy before using this product.

Hand-Held Locator and Stimulator

This is the first all-in-one unit that combines 5 mW infrared laser therapies with electrical stimulation allowing both methods of treatment to be used simultaneously. Electrical stimulation is initiated with a push button while stimulation intensity is controlled with a dial. Accessories include a hand ground pole, battery, small screwdriver (for adjusting point location/sound level), carrying case and instructions. 9" long.

#62512 Pointer Pulse $224.95

Should be used on the advice or supervision of a healthcare professional. You should be familiar with micro current therapy before using this product.

Individual results from products may vary. These products have not been evaluated by the Food and Drug Administration and are not intended to diagnose, treat, cure or prevent any disease.

Share Us With A Friend
Help someone else enjoy the life-enriching products at TOOLS FOR WELLNESS. Send us their name and we'll rush a catalog to them.
OPEN 24/7 ToolsForWellness.com

more online MORE PRODUCTS MORE SPECIALS MORE INFORMATION www.ToolsForWellness.com

Practice Self-Healing Therapies For Overall Wellness

Experience the Inspirational and Healing Properties of Gemstones

This handcrafted jewelry has been cleansed using ancient techniques and energized to amplify the power and healing properties of the stones. Once the jewelry is worn, the wearer then infuses their own personal intention and energy into the piece. Each piece is accompanied by a description of the jewelry's purpose and properties. Stones and crystals may vary slightly in size, shape and color. These necklaces and pendants ship factory direct. Please allow 14–21 days for delivery. More Styles available Online

Divine Blessings Pendant

Sri Yantra represents the timeless creative principle of the universe. The use of this sacred geometry is a very powerful means by which an individual may bring divine blessings into their life. The three dimensional form of the Sri Yantra, dating back to 3000 B.C., is a multi pyramid grid signifying unlimited abundance and positive powers, and helps to clear negative energy. Quartz Crystal is a stone of manifestation. Wearing this sacred geometrical symbol is thought to bring affluence, abundance, blessings and love into one's life.

AFFIRMATION:
The universe supports me unconditionally.

#99707 Sri Yantra Flat Pendant 16½" $149.95

Confidence Necklace

Carnelian possesses the energetic vibration of joy, encourages a strong sense of self-worth. Once introduced into your energy field, this radiant stone also works to support passion and creativity. Wear this necklace when you desire good luck in any endeavor.

AFFIRMATION:
I am confident and free to create whatever I desire.

#99722 Confidence Necklace 16½" $179.95

Love Necklace

This piece celebrates self-love, and encourages harmony. Rose Quartz emits love energy that works to enhance beauty. Lepidolite activates the heart chakra. The sterling silver charm is the ancient Chinese symbol of double happiness: for attracting marriage and luck in relationships. Once a relationship is formed, it also works to ensure joy and happiness. Wear this and watch love bloom.

AFFIRMATION: I am love.

#99748 Love Necklace 16½" $109.95

4th Heart Chakra Necklace

The heart chakra (4th chakra) is connected to forgiveness, compassion and hope. Clearing the energy center restores optimism and dissolves grudges. This piece carries a nurturing vibration for a state of well-being and helps to release energetic blocks. It also attracts inspiration and diminishes fear and balances the emotions.

AFFIRMATION:
I evoke clarity of the heart.

#99716 Fourth Heart Chakra Necklace 17" $199.95

The Energy of the Sun Pendant

This piece is worn to align with the energy of the sun. The sun helps lift the spirits by promoting a happy disposition, abundance and creativity, creating a spiritual and grounded energy.

AFFIRMATION:
I align myself with the healing power and light of the sun.

#62158 The Sun Pendant 16½" $119.95

Dynamic Approaches To Sound Therapy

Clinically Proven Sound Therapy Systems

Listen to sound samples on our website

Blocks out irritating noises, helps circumvent tinnitus discomfort and creates a soothing atmosphere so users fall asleep easier, get higher quality sleep, enhance concentration, and feel more alert and comfortable throughout the day. 12 programs are included in this model:

1. Ocean Surf: A relaxing oceanside environment
2. Rain: A gentle, peaceful setting
3. White Noise: Masks unwanted, background sounds. Cascading waterfall
4. Forest: Relaxation or contemplation in a secluded forest
5. Mountain Stream: Rippling mountain stream
6. Thunderstorm: Exhilarating, but soothing sound of distant thunder
7. Energy Chimes: Sounds of a relaxing summer evening
8. Tranquility: Calming sound of a xylophone
9. Alpha Clouds: A soothing harp
10. Sleep Surf: A sleep-inducing oceanside environment
11. Delta Voyage: Rhythmic white noise with Delta frequencies
12. Dream Echoes: Echoing melodies to encourage deep, restorative sleep

Superb sound quality, alarm clock, timer, headphone jack, AC adaptor, battery-operated. Optional sound cards give this model an extended range and great versatility.

- Spa Retreat: 12 beautiful spa environment sounds for the ultimate in relaxation
- Nature Journey: 12 of the most popular pure nature sounds
- Ear Therapy: 12 exceptional sounds to help relieve tinnitus discomfort

#83209 Sound Therapy System $99.95
#83210 Spa Retreat Sound Card $24.95
#83211 Nature Journey Sound Card $24.95
#83212 Ear Therapy Sound Card $24.95

The deluxe model is the most advanced sound conditioner/sound therapy system available. It allows users to create their very own sound environment conducive to relaxation, sleep and improvement in everyday life.

Features:

- 20 main sounds and 5 mix sounds create 120 possibilities; all built-in with nothing extra to buy
- 3 speakers (including subwoofer) producing high sound fidelity
- Voice memo recording
- AM/FM stereo radio with presets
- Backlit clock with 3 alarm sounds and digital calendar
- 3 position timer plus a nap timer
- Memory button to replay last sound
- Headphone jack
- CD/MP3 input jack
- AC powered with battery back-up

#83203 Sound Therapy System Deluxe Model $149.95

Listen to sound samples on our website

DOCTORS BEHIND THE SOUNDS OF THESE AMAZING MACHINES

***Dr. Lee Bartel**: Professor of Music at the University of Toronto and scientific designer of the internationally best-selling "Music For Your Health" series*

***Dr Fred Schwartz**: an acclaimed expert on the use of music to reduce stress in premature babies, in the operating room, and with hospital patients.*

***Dr. Jeffrey Thompson**: recognized as one of the world's leading experts in sound therapy. He has created over 60 CDs, which are sold in 26 countries*

***Dr. Steven Halpern**: the world's leading composer and recording artist of music for relaxation, wellness and sound health.*

Advanced Solutions For Healthy Living

Over the years, we have witnessed the growth of alternative healthcare as more people are taking personal responsibility for healthy living and well-being. WELLNESS is more than just a pleasant sounding word. It is a lifelong process of becoming aware of choices and making decisions leading to the physical, emotional, social, spiritual and intellectual components of a healthy lifestyle.

Since our founding 20 years ago, we have built our reputation on offering credible, tested products, and we are conscientious in describing them. Because we are not doctors, we cannot offer medical advice. If you have a medical condition, you should consult your healthcare professional.

HOW TO GET THE BEST RESULTS FROM OUR PRODUCTS

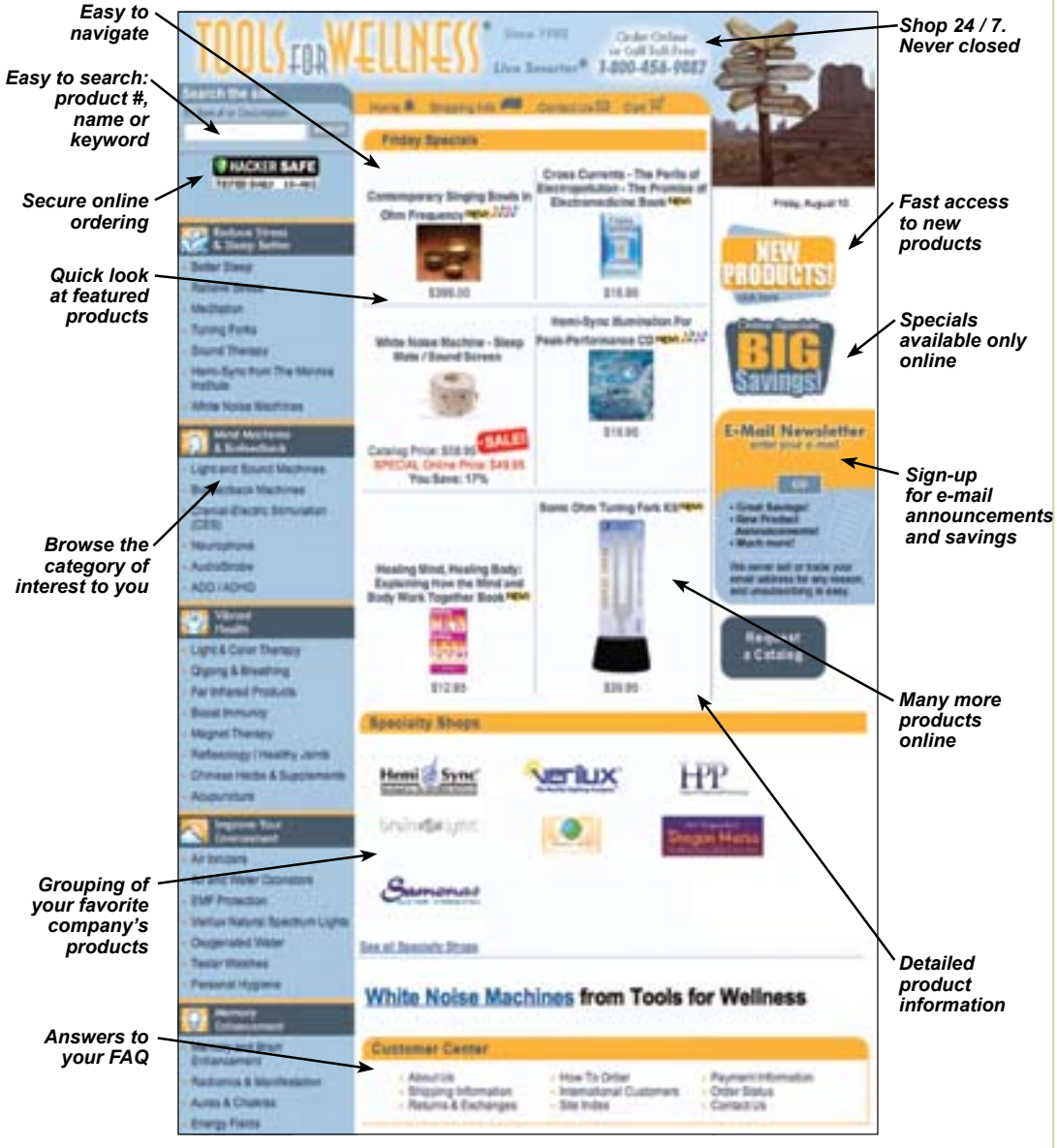
Satisfied customers tell us that you cannot expect results after using these products one or two times; results are cumulative. Generally speaking, these are not the kind of products that produce instant change. If you are serious about getting measured, long-lasting benefits, stick with it, and you will be rewarded. All individuals are different; therefore, results may vary, also.

WHAT YOU WILL FIND ON OUR WEBSITE

There, we have the luxury of much more space to provide you with MORE INFORMATION. In addition, we are able to present NEW PRODUCTS very quickly, as you don't have to wait until a new catalog goes to press. You'll also find that MANY SPECIALS are available exclusively online

VISIT OUR WEBSITE

THERE'S MUCH MORE WHEN SHOPPING ONLINE



WE WANT YOU TO BE SATISFIED

Everyone at Tools For Wellness shares a philosophy of wanting to help you find just the right products to fit your needs. Keep in mind that many products have a cumulative effect and it is unrealistic to expect immediate results. Allow sufficient time for the product to achieve the desired effect.

Returns & Exchanges

If a product fails to meet your expectations, contact us within 30 days of receipt for return authorization (RA#), and we'll issue a refund for the merchandise amount or send an exchange upon receipt of your return. Please be sure your item is in new condition, in its original box with all materials that were initially included.

Returns are subject to a 10% restocking charge, and some products such as liquids, supplements, lotions, oils, printed and recorded material are not returnable if the seal or wrap is broken. Personal products such as wraps, mattresses, and products that use water are not returnable for sanitary health reasons. The other few products that are not returnable are described in the catalog.

Please contact us immediately upon receipt if your product is damaged or defective, and we'll replace it promptly.

© 2008 Tools For Exploration, Inc. Nothing in this catalog may be reproduced in any manner, either wholly or in part, for any use whatsoever without written permission from Tools For Exploration, Inc., the copyright owner. "Tools For Wellness" and "Live Smarter" are registered marks with the U.S. Patent and Trademark Office. We reserve the right to revise pricing and not to be bound by typographical errors. Prices may change as a result of foreign currency fluctuations. Other price increases are caused by increased costs to us by suppliers. This catalog supersedes all others published by Tools For Wellness. Product names and logos used throughout this catalog are trademarks of their respective holders. In some instances, manufacturers change the design of their products and you may not always receive a product exactly like our illustration. Tools For Wellness assumes no liability or risk involved in the use of the products described herein. None of the products should be used as a substitute for appropriate medical care.